

## Report from CAIR Co-Directors

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This year marks the 1<sup>st</sup> anniversary of the Center for American Indian Resilience (CAIR), a collaboration between the University of Arizona and Diné College. On behalf of our CAIR Directors, Staff, and Students, we thank you for your interest in CAIR. The past year, you have helped us shape the Center from start-up to the present. With your involvement, CAIR will strive to be innovative in exploring dimension of resilience and in documenting and disseminating your community's stories of resilience and education.

We successfully:

- ❖ Recruited CAIR Program Manager



Jan Kerata

- ❖ Held our first Advisory Board Meeting, February 2013, in Chandler, Arizona (Community Advisory Board and Executive Advisory Board)
- ❖ Assisted our Community Advisory Board to developed their bylaws,
- ❖ Completed CAIR websites, NAU and UA co-links
- ❖ Collaborated with Diné College's 2013 Summer Research Enhancement Program (SREP) to assist with recruitment, teaching and evaluation. The program offers training in research methods and a mini-research project within the Navajo Nation or other tribal community. SREP successfully recruited total of 40 applicants; 14 were offered admission into the program.
- ❖ Implemented our first community-oriented CAIR conference, "Sharing our strength and stories of resilience", August 2013, Tucson. Student posters were show-cased and community members were invited to talk about the many faces of resilience. The conference can be viewed on DVDs available through CAIR and NAU and UA CAIR websites.
- ❖ Described CAIR's mission in interviews the Flagstaff *Daily Sun* newspaper, National Public Radio (NPR), Arizona illustrated (Arizona public television show) and *Indian Country Today*, a national newspaper.
- ❖ Provided regular progress reports (formal reports and via meetings with CAIR leadership) on a regular basis.



Monthly reports completed March 2013-Sept. 2013, quarterly reports written and disseminated May and August 2013. (14 CAIR evaluation reports provided to date)

- ❖ hired sixteen students to work on CAIR; 56% or 9/16 of the students are American Indian/Alaskan Native
- ❖ Worked on manuscripts for dissemination to public health

researchers and practitioners, with one under development, one submitted (N=1) and one under review.

- ❖ Worked on grant proposals to expand CAIR concepts with one in development, one submitted (N=1) and one funded. Probably should name the title and funding source here.

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In 2014, we will

- ❖ Begin to disseminate the findings of our two research projects,
- ❖ Offer elder and youth digital storytelling of resilience and health literacy workshops,
- ❖ Continue to work with our Community Advisory Board Meetings and Executive Advisory Board Meeting to find avenues to document and apply dimensions of resilience to improve program effectiveness and health outcomes, and recruit a cohort of investigators interested in being mentored by CAIR investigators and contributing to an understanding and application of resilience.

It is a privilege and a pleasure to work with you. We look forward to welcoming you at any CAIR-related project activities.



**Best wishes for a joyous holiday season and a wonderful New Year!**



Warm regards,

Priscilla R. Sanderson, Ph.D. and Nicky Teufel-Shone, Ph.D.

CAIR Co-Principal Investigators