Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| **SKILL** | **EXCELLENT - 3** | **ACCEPTABLE - 2** | **NEEDS IMPROVEMENT - 1** | **SCORE** |
| **First Impressions** | **Greetings:** Good eye contact, firm handshake, confident posture**Conversation:** enthusiastic and engaging | **Greetings:** Appropriate eye contact, handshake offered, posture OK**Conversation:** enthusiastic and engaging | **Greetings:** Poor eye contact or staring, handshake not offered or refused, poor professional posture OK**Conversation:** not energetic or overly nervous |  |
| **Preparation** | Strong commitment to own postsecondary and career goals. Knows what education and other preparation is needed for their career path. No hesitation in answering questions. | General direction of own postsecondary and career goals. Has some idea of the education and other preparation needed for their career path. Occasional hesitation.  | Unclear or unrealistic about postsecondary and career goals. Has little understanding of what is required to succeed in their career path. Some questions may have been unanswered. |  |
| **Confidence** | Poise and confidence displayed in voice and body language. Excellent eye contact with no staring. | Confidence displayed in voice and body language. Minor opportunities for improvement may have been noted. Appropriate eye contact. | Confidence lacking or too well developed. Significant distracting habits or body language. Eye contact avoided. |  |
| **Speech** | Well spoken, proper grammar. Volume appropriate for the audience. Speech at appropriate speed. | Proper grammar generally used. May say “um” or “and” a few times. May speak a little fast or slow. | Improper grammar or vulgar language used. Says “um” or “and” too many times. Speech volume too loud or quiet for the audience. |  |
| **Perseverance and Commitment to Continuing Education and Career Plans** | Excellent attitude. Willing to make sacrifices to get degree and succeed in career. Has experience making use of resources like tutoring. Exhibits ability to stay motivated despite delayed gratification. Indicates flexibility in figuring out how to achieve goals. Enthusiasm for going to college and their career of choice Uses specific examples from experience to support statements. | Acceptable attitude. Shows willingness to make some sacrifices to get degree and succeed in career. Generally shows enthusiasm for college and their career of choice. Flexibility and creativity for persevering through challenges generally there, but limits may be detected. May not use specific examples demonstrating how they have, in the past, and will, in the future, persevere against challenges and difficulties.  | Poor attitude. More concerned with making excuses and listing possible barriers to their success, than ways to overcome them. May express lack of flexibility / creativity or an unwillingness to sacrifice to stay in school and meet their goals. Has no examples of making use of available resources to help them persevere against the odds. |  |
| **Total** |  |

**Notes:**