



CLINICAL MENTAL HEALTH COUNSELING

Master of Arts

Offered at Flagstaff, North Valley, Tucson, & Yuma Campuses

Program Accreditation and Licensure Preparation

The **Clinical Mental Health Counseling, M.A.** is a **60-credit degree** accredited by the **Council for Accreditation of Counseling and Related Educational Programs (CACREP)**. This program meets the coursework requirements of the Arizona Board of Behavioral Health Examiners (AZBBHE) and the National Board of Certified Counselors (NBCC), preparing graduates for licensure as a **Licensed Associate Counselor (LAC)** in Arizona. After completing the LAC requirements, graduates can apply for the Licensed Professional Counselor (LPC) credential.

Coursework Topics

Students are prepared to provide counseling in diverse settings, including outpatient, inpatient, specialty agencies, and private practice. Training covers psychotherapeutic services for individuals, groups, couples, and families. The program emphasizes experiential, hands-on training while integrating innovative technologies in counselor preparation. Students complete a supervised practicum and internship during their final year of training.

Our Mission

Our comprehensive program emphasizes evidence-based counseling practices in community agencies and private practice, preparing students to serve clients from diverse cultural backgrounds. We are committed to fostering inclusive learning environments where every student feels welcomed, valued, and recognized.

2024-2025 Program Statistics

Number of graduates in the past year: 48

Completion Rate: 90%

Licensure or certification examination pass rate: 91%

Job placement rate of students/graduates: 95%

Program of Study

Theoretical Foundation (3 units)	EPS 615	Lifespan Human Development
Social/Cultural Foundation (6 units)	EPS 619 EPS 690	Mental Health Care Systems Multicultural Counseling
Research and Statistics (3 units)	EPS 617	Counseling Research & Program Evaluation
Counseling Specializations (21 units)	EPS 592 EPS 601 EPS 620 EPS 660 EPS 661 EPS 681 EPS 688	Foundations in Clinical Mental Health Counseling Theories of Counseling Vocational Counseling Counseling Processes Group Processes Evidence-Based Counseling Techniques Counseling Assessment
Clinical-based Crisis Course (3 units)	EPS 669	Topics in Trauma and Disaster Counseling: Clinical Based Crisis
Professional Practice (21 units)	EPS 680 EPS 670 EPS 590 EPS 621 EPS 692 EPS 694	Psychopathology & Diagnosis Professional Ethics, Legal Standards & Responsibilities Substance-related and Addictive Disorders Marital, Couple & Family Counseling Counseling Practicum – one semester Counseling Internship – two semesters
Program Elective (3 units)	EPS 622 EPS 640 EPS 599 EPS 516	Child and Adolescent Counseling Biological Bases of Behavior Human Sexuality and Sexual Counseling Eating Disorder Psychotherapy

Program Pre-Requisites and Requirements for Admitted Students

- **EPS 525 Introduction to Statistics** – this prerequisite requirement may be waived for admitted students who have completed (with a grade of B or better) an upper-level statistics class within 3 years of their starting semester. (This is a program requirement, not an admission requirement.)
 - Admitted students needing this requirement may take EPS 525 or an equivalent class in the semester before their first semester.
- **Fingerprint Clearance Card** – An IVP Arizona Fingerprint Clearance Card is required for admitted students by the end of their first academic year.
- **Liability Insurance** - Admitted students are required to obtain liability insurance before beginning their practicum and internship experiences.

Estimated Cost of Attendance per year : Please visit <https://nau.edu/fees/graduate-tuition/> to view the estimated graduate costs of attendance per year for both the Flagstaff and Statewide campuses. Additionally, a program fee of \$425 per semester is charged during Fall and Spring Semesters for the duration of this program. This fee is separate from the graduate tuition and other school fees outlined in the estimated cost of attendance.



APPLICATION INFORMATION

Campus	Cohort Start	Class Timing	Application Deadline
Flagstaff	Each Fall	Daytime hours (traditional schedule)	January 10
North Valley	Each Fall	Evening courses (cohort-based, designed for working professionals)	February 15
Tucson	Each Fall	Evening courses (cohort-based, designed for working professionals)	February 15
Yuma	Each Fall	Evening courses (cohort-based, designed for working professionals)	April 1

At NAU, our application is a one-stop process. Once you click “Apply Now” at www.nau.edu, all elements of the application are handled within that link. The primary application items evaluated include

- ☐ The Graduate School Application
- ☐ GPA of 3.0 from your undergraduate institution
- ☐ Application essay questions
- ☐ Three professional/academic recommendation forms
- ☐ Interview
- ☐ GRE General Test – ONLY if your undergraduate GPA is less than 3.0

Transfer Credits

The Clinical Mental Health Counseling program accepts up to 15 credits toward your degree. Credits are evaluated by our program coordinators and the Graduate College during the admission process. Please note that a syllabus from your classes may be required for evaluation.

Have a Question?

Email eps counseling@nau.edu



Scan here to register for
one of our Open House events
and meet our
Faculty Program Coordinators