NAU NORTHERN ARIZONA UNIVERSITY

JOB HAZARD ANALYSIS FORM

COMPLETE <u>BEFORE</u> BEGINNING WORK

(1) JOB INFORMATION							
Date:12/9/2022	Job # (If Applicable):	Task N	Task Name/Description: Ladder Use				
Department: EHS		Supervisor:					
(2) JOB/TASK STEPS (Most jobs require 5-10 basic steps)							
Basic Job Step	Hazard(s) – (See Sections 3 or EHS Hazard Report)		Correct/Safe Work Practice and Hazard Controls/PPE (See Section 4 or EHS Hazard Report)				
Select ladder	None anticipated		Ladders must be tall enough to access work without standing on top rung. A-Frame ladders may not be leaned against walls. Extension ladders must be tall enough to extend 3' above elevated surfaces if used for access/egress. Follow the rated load capacity on the ladder sticker.				
Inspect ladder	Overexertion-lifting hazards. Caught between – ladder components.		Inspect for damage or loose mechanisms including split/bent side rails, broken or missing rungs/steps/cleats, missing/damaged safety devices, missing safety labels, dirt, oil or contaminants that could cause slips. DO NOT USE IF ANY DEFICIENCIES ARE NOTED. Use caution around folding/sliding components.				
Set up ladder	-Falls-Same or lower level. -Overexertion-lifting hazards. -Caught between-ladder components. -Contact/exposure – electrical circuits		Set-up on even, stable, non-slip surface. Ensure spreaders or locking mechanisms engaged. In high traffic areas, demarcate work area with cones/caution tape. For taller ladders, use two people to move and set up the ladder. Check for overhead power sources before setting up or climbing. Do not use metal ladders near power lines/electrical equipment. Use caution around folding/sliding components.				
Ascend ladder/perform task	-Falls-Same or lower level.		Maintain three points of contact while on the ladder. Do not stand on the top rung or top cap of A-Frame or top two rungs of extension ladder. Stay in the center of the rungs and face the ladder. Do not lean outside the ladder side rails. Use a fall protection system and complete worksheet 5 of this form when performing work from elevated surfaces.				
Take down ladder/return to storage location	-Falls-Same or lower level. -Overexertion-lifting hazards. -Caught between-ladder components. -Contact/exposure – electrical circuits		Scan area for obstacles prior to taking down. Be aware of ladder dimensions in relation to overhead hazards, obstacles, or individuals. Use caution around folding/sliding components. For taller ladders, use two people to move the ladder. Do not block electrical panels or fire extinguishers.				
Required Training: -Ladder Safety -Fall Protection (For work on elevated surfaces)			PPE: -Appropriate Fall Protection equipment for access unprotected elevated surfaces. -Work gloves (optional)				

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JOB HAZARD ANALYSIS FORM—continued

(3) JOB/TASK HAZARDS (COMPLETE IN LIEU OF OR ADDITION TO EHS WORKSITE HAZARD REPORT)								
Items checked below relate to existing site conditions or work operations/steps.								
Hazardous Building Materials Asbestos Lead PCB Silica Caught On/By X Caught Between/In Hands caught in moving parts	Contact/Exposure Electrical Hazardous Energy Chemical Biological Other	Falls Same Level X Lower Level X Ladders Other	Environmental/Physical Hazardous Atmospheres Confined Space Non-Permit Permit Heat Cold Pests/wildlife Weather Overexertion Other					
(4) HAZARD CONTROL MEASURES (COMPLETE IN LIEU OF OR ADDITION TO EHS WORKSITE HAZARD REPORT)								
A) Task/Hazard Elimination	B) Substitution	C) Engineering/Process Controls	D) Administrative Controls	E) Personal Protective Equipment (PPE)				
Equipment changes	Use lower hazard product	Physical Barrier	X See Section 2 for	X Fall protection				
Tool changes (IE reach poles)	Use different form of product	□ Machine Guard □ Ventilation	Correct/Safe work practices. X Training	□ Gloves□ Hard hat				
□ Remove hazardous items	Less hazardous energy source	 Machine/Process Enclosure Mechanical Lifting Device Wet Method/Dust Control Chemical Use Controls 	<u>Ladder safety, Fall</u> Protection_	 Hearing Respiratory Protection FR Clothing Safety glasses 				
		 Process Automation Manual Handling Aids 		□ Salety glasses □ Other				
NOTE: Confirm mitigation and protective steps with your Supervisor/Safety Representative.								
(5) COMPLETE FOR WORK AT HEIGHTS								
Elevation category: Roof Theater Rigging Area Loading Dock	□ Scaffold □ Lift □ Fixed Platforn	□ Fixed Equipment □ Tree Climbing □ Other:						
Fall protection to be used (Check all that apply)								
□ Full body harness □ Fixed length lanyard □ Retractable lifeline □ Anchorage straps			□ Exclusion Zones □ Monitoring personnel □ Physical restraint □ Other					
Has each employee inspected his or her fall protection equipment?								
Have all employees working at heights completed Fall Protection Training?								

SEND A COPY OF YOUR COMPLETED JHA TO NAU EHS FOR INCLUSION IN THE NAU JHA LIBRARY