

Which swim class should I register for?

YES

- **Is your child potty-trained?**

> ⇨NO: *Parent/Child classes*

YES

- **Is your child comfortable in water without an adult?**

⇨NO: *Water Basics 1*

YES

- **Can your child swim 10-15 yards on their front and back *independently*?**

⇨NO: *Water Basics 2*

YES

- **Can your child jump into deep water and swim 25 yards on their front or back?**

⇨NO: *Learn to Swim 3*

YES

- **Can your child swim at least 15 yards of freestyle, backstroke, breaststroke, elementary backstroke and butterfly?**

⇨NO: *Learn to Swim 4*

YES

- **Can your child swim at least 50 yards of each stroke, perform a flip or open turn and perform a shallow-angled dive from the deck?**

⇨NO: *Learn to Swim 5*

- **Can your child swim 500 yards continuously?**

> ⇨NO: *Learn to Swim 6*

Register for classes:

<http://recreation.nau.edu>

Learn more:

www.nau.edu/wac

