

# Tobias (Toby) Fünke

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Sunset Cove Rehabilitation Center  
2006 Bluth Circle  
Casper, WY 82601

Dear Sunset Cove Internship Selection Committee:

It brings me great pleasure to apply for the Mental Wellness Counseling Fall Internship at Sunset Cove. I am aware of your excellent reputation for bolstering your residents' quality of life because my uncle's friend told me of his positive experience at your center. I want to help individuals become self-directed in practicing good mental health, so this internship would be an invaluable learning experience that aligns with my career goals.

Currently, I am a junior Psychological Sciences major at Northern Arizona University. I have excelled in coursework including Behavioral Psychology, Social Psychology, Stress Prevention, and Public Health Research Methods. As an undergraduate research assistant with Dr. Jason Seaver, I helped conduct a qualitative study to learn more about resilient behaviors among the Latinx population in Flagstaff, shadowing 11 interviews. This paper is forthcoming in an issue of *Journal of Public Health Policy*.

I also pride myself on my ability to collaborate with anybody from any background and contribute to any team. As a member Stress Busters, I have co-coordinated three events over the last academic year with our club officers, including an art therapy workshop for undergraduate students during midterm and final exam weeks. Thanks to our effective communication and organization skills, the workshop ran smoothly with over 200 participants. Based on a brief workshop evaluation survey, 85% of students expressed satisfaction and felt it was helpful.

Please do not hesitate to contact me via e-mail or phone if you have questions, and thank you for your consideration. I am excited to remain in touch and move forward.

Kind regards,

A handwritten signature in black ink, appearing to read 'Toby Fünke' in a stylized, cursive script.

Toby Fünke