

CARMEL LEVIN

702-427-6284

CARMEL.LEVIN5@GMAIL.COM

SUMMARY OF QUALIFICATIONS

- Engaged in and received education in over 30 medical scenarios, including a mass casualty plane crash simulation
- Ability to make critical decisions and prioritize tasks in a high-stress environment from 8 years experience working as a wildland firefighter
- Implemented plans of action through collaborating and coordinating with a variety of resources and teams, resulting in proficiency in diverse communicating skills
- Lead groups of 3-10 personnel that resulted in experience prioritizing and delegating tasks
- Rotated with other crewmembers as Incident Commander of remote wilderness fires and assessed short-term and long-term objectives and needs

EDUCATION

Bachelors of Science in Nursing – 3.91 GPA **May 2015**
Accelerated Program, Northern Arizona University, Flagstaff, AZ

Bachelors of Science in Environmental Studies **June 2010**
Portland State University, Portland, OR

RELEVANT EXPERIENCE

Nursing Clinical Experience

Adult Health Nursing/Medical-Surgical: Kingman Regional Medical Center **240 hours**

- Rotated through Medical-Surgical, ICU, ED, OR, Cardiac Cath-Lab, Progressive Care, and Orthopedic Units and engaged with a vast array of clients including: cardiac, respiratory, trauma, diabetic, orthopedic, septic, and other various types of clients with multiple medical conditions
- Resulted in improvement in full system and focused assessments, monitoring vitals, interviewing and interacting with clients, and identifying and prioritizing client needs and nursing interventions
- Honed nursing skills including IV starts, insertion of Foley and straight catheters, wound care and dressing change and management, splinting of fractures, and cleaning and care of various devices

Communication and Mental Health Nursing: The Guidance Center, Flagstaff, AZ **90 hours**

- Interacted and cared for psychiatric acute care clients, recovery unit clients, and outpatient clients
- Interviewed clients, measured vital signs and BMI, and coordinated and led group education activities

Fundamentals of Nursing: The Peaks Senior Community Living Center **90 hours**

- Experience working with elderly patients resulting in ability to apply special nursing considerations to geriatric populations
- Advocated for patients and provided holistic care

Nursing Care of Child-Bearing Child-Rearing Families: Flagstaff Medical Center, Flagstaff, AZ and Ft. Defiance Indian Hospital, Fort Defiance, AZ **135 hours**

- Assisted in care of OB clients and working with children with rare disabilities
- Gained experience working with a culturally diverse population

Public Health Nursing: Sunnyside Community, Flagstaff, AZ **135 hours**

- Conducted an assessment of local community, identified weaknesses and areas in need for improvement, and proposed interventions to obtain improved health

Research and Evidence-Based Practice

- Researched and identified areas in need of more evidence-based guidelines for practice regarding nurses and alarm fatigue

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- Created research design addressing solutions to reduce alarm fatigue

Volunteer Experience

Intensive Care Unit, Flagstaff Medical Center, Flagstaff, AZ

July 2014- November 2014

- Assisted nursing staff by stocking supplies, emptying trash and linens, answering phone, cleaning and preparing rooms, and other various tasks to allow nurses to focus on and provide more efficient care for clients

Emergency Department, St. Charles Medical Center, Bend, OR

January 2014 – March 2014

- Worked near triage nurse assisting with prioritizing walk-in patients, answered questions and concerns and directed visitors, provided support for client families in waiting area, and retrieved needed supplies for nurses
- This experience allowed me to see the ED from the waiting room, patient, and family perspective

ADDITIONAL EXPERIENCE

Wildland Firefighter, U.S. Forest Service

June 2006 - September 2013

Malheur Rappel Crew - Rogue River Hotshots - Tiller Type II Handcrew

John Day, OR – Prospect, OR – Tiller, OR

- Worked as a member of 20-30 person fire crews resulting in proficiency in interpersonal communication
- Skills included carrying 110lbs packs of gear, hiking over arduous terrain, utilizing 2-way radio communication, maps, and GPS
- Functioned as crew EMT for 2 years, educated crewmembers and organized medical gear
- Fireline construction, burn-out operations, communication and planning with dispatch and adjoining and aerial resources
- Received squad boss training, leadership training, team building exercises, and physical training
- Created and maintained a culture of safety

LICENSURES AND CERTIFICATIONS

Advanced Cardiovascular Life Support (ACLS) Provider, American Heart Association

Healthcare Provider BLS (CPR and AED), American Heart Association

Wilderness Emergency Medical Technician (WEMT), NOLS Wilderness Medicine Institute

EMT, National EMS Certification and Arizona Department of Health Services