Welcome to Northern Arizona University!

Parent and Family Services supports you and your student by providing easy access to information and answering your questions about life as a Lumberjack.

NAU understands the important role families play in their students’ lives and educational success. Continued communication and support from family can help your new Lumberjack succeed at NAU.

This calendar will help you learn about the many offices, academic programs, and resources NAU has to offer, including ways we can work together to support students in reaching their educational and career goals. We have support for you and your student wherever they may be. If your student is attending an NAU Statewide Campus, we encourage you to also view nau.edu/statewide-campuses to view your specific campus resources.

Welcome to the Lumberjack family!

Sincerely,

Shannon Clark
Assistant Dean of Students
Your student’s NAU journey begins

Welcome Week
A chance for students to plug in to the campus community and find friends with similar interests. nau.edu/welcomeweek

Clubs and organizations
NAU has more than 400 student clubs and organizations. nau.edu/clubs

Campus living
Find everything you and your student need to know about housing, dining, move-in, and success with roommates. nau.edu/campusliving

TIPS
• Encourage your student to get involved in Welcome Week.
• Have them explore campus resources for help adjusting.
• Talk with your student about setting and maintaining a budget.

CONVERSATION STARTERS
• What organizations or clubs do you hope to join this year?
• Are there any support resources that you anticipate needing this year?
• Tell me about your roommate. What is their major? What are they interested in?

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NAU is excited to partner with you to support your student

The Lumberjack Family Hub is the official NAU source for parent and family information. families.nau.edu

We’re here for you
Parent and Family Services
928-523-6267 | ParentandFamilyServices@nau.edu

TIPS
- Register for Family Weekend!
- If your student is getting homesick, encourage them to get involved through a campus club or organization.
- If your student is looking for a job, encourage them to contact NAU Career Development.

CONVERSATION STARTERS
- How are you settling in so far?
- Who are some of the new people you’ve met?
- Tell me about your classes. Are they what you expected so far? What are you learning?

Social Media
- facebook.com/nauflagstaff
- twitter.com/nau
- instagram.com/nauflagstaff
- pinterest.com/nauflagstaff

Make sure you and your Lumberjack download NAUgo, our one-stop mobile app for all things NAU that includes events, alerts, advising, transit, dining, and more.

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NAU Football @ University of Arizona
NAU Football @ North Dakota
Hispanic Heritage Month (through Oct. 15)
NAU Football vs. Utah Tech Running of the Freshmen
NAU Football vs. Montana
Career Development Career & Graduate School Expo
NAU Football @ Sacramento State
Finding a rhythm: mid-semester support

Academic Success Centers
Here, students can access free academic support resources like individual and group tutoring, peer coaching, test prep, and more. nau.edu/asc

Advising
Advisors help first-year students select a major, understand degree requirements, navigate campus resources, and stay on track. nau.edu/gateway

TIPS
• Enrollment for spring opens the end of October. Encourage your student to reach out to an advisor.
• Share resources such as the Academic Success Centers with your student.
• Start thinking about next year’s housing options.

CONVERSATION STARTERS
• Have you met with your advisor yet? How did that go?
• How is your monthly budget going?
• What are you enjoying most about school? What do you miss about home?

TIP:
• NAU Football @ Weber State
• NAU Football vs. Portland State
• NAU Football vs. UC Davis

Family Weekend 2023 | Oct. 13–15
nau.edu/familyweekend

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October 2023

Family Weekend
| Oct. 13–15 |
| nau.edu/familyweekend |
Ensuring a healthy NAU

Campus Health Services
With our Medical Services, Counseling Services, and Health Promotion departments, you can trust your student’s holistic health is in good hands. nau.edu/chs

In addition, the Lumberjack Care Center addresses concerns such as food security, financial needs, and overall wellness. nau.edu/carecenter

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<td>Career Development Virtual Career Fair</td>
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TIPS

- Celebrate your student’s successes with them and plan for upcoming challenges.
- Connect your student with NAU’s Career Development office.
- Encourage your student to begin planning for upcoming final exams early.

CONVERSATION STARTERS

- What are you doing to take care of yourself?
- Tell me about the new friends you’ve met so far.
- What do you hope to do while you’re home (or elsewhere) for Thanksgiving break?

November 2023

National Native American Heritage Month
Finishing strong and planning ahead

FAFSA
The Free Application for Federal Student Aid (FAFSA) opens this month and must be filled out every year. [fafsa.gov](https://fafsa.gov)

Scholarships and Financial Aid
Many scholarship applications open early each calendar year. NAU’s ScholarshipUniverse helps students search for and match with potential scholarships. [nau.edu/scholarships](https://nau.edu/scholarships)

### TIPS
- If your student hasn’t declared a major (or if they have but are unsure about it), encourage them to talk to their advisor and search Jacks Planner to explore possible options.
- Look for emails that indicate when scholarship applications are opening and when they close.

### CONVERSATION STARTERS
- How are you feeling after fall semester?
- What are your goals for spring?
- What is something you’ve learned about yourself in college?

### Calendar

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New goals for the new year

After spending the first semester adjusting to college life, many students are ready to explore new challenges and activities.

**Part-time jobs** can help pay for college and provide valuable work experience. **NAU’s Career Development office** can connect your student with a job that’s right for them.

If your student hasn’t already, encourage them to **join a club or organization**, or get a group of friends together and start their own! nau.edu/clubs

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**TIPS**

- Review payment deadlines for any outstanding spring charges such as tuition and fees, meal plans, or housing.
- Remind your student you believe in them and that they will have a great spring semester.

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**CONVERSATION STARTERS**

- How are you re-connecting with your friends this semester?
- Which classes are you most excited about?
- What is your New Year’s resolution in regard to college?

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**January 2024**

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A commitment to unity

Lumberjacks embrace diversity and inclusion while promoting a welcoming community for students of all backgrounds. Just a few of the campus communities and departments working to support students include:

- **Office of Inclusion**
  [nau.edu/inclusion](nau.edu/inclusion)
- **Office of Indigenous Student Success**
  [nau.edu/oiss](nau.edu/oiss)
- **Veteran and Military Services**
  [nau.edu/vets](nau.edu/vets)
- **First-Generation Programs**
  [nau.edu/firstgen](nau.edu/firstgen)

**TIPS**

- Discuss and learn more about your student’s Spring Break plans ahead of time.
- Encourage your student to embrace and love their own individuality.

**CONVERSATION STARTERS**

- What are your plans for Spring Break?
- Where are you planning to live next year? If off-campus, are you ready for the additional responsibilities?

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- **February 2024**
- **Black History Month**
- **Valentine’s Day**
- **Presidents’ Day**
Playing with purpose

Spring Break and emerging warm weather mean a host of new activities to get involved in. And there is no shortage of fun recreational opportunities on campus and around Flagstaff.

Campus Recreation
Recreational facilities, sports clubs, fitness classes, and more.
[link]

Outdoor Adventures
OA offers trips almost every weekend.
[link]

Aquatic and Tennis Complex
Access during open swim is free with a Student ID.

TIPS

- Talk to your student about making responsible choices, especially during Spring Break.
- Enrollment for summer and fall terms generally opens in March. Encourage your student to reach out to their advisor.

CONVERSATION STARTERS

- Are you staying active?
- What are your plans for this summer (living situation, working, summer classes, etc.)?
- Who is your favorite professor so far? What do you like about them?

March 2024

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Women’s History Month
Career Development Career & Graduate School Expo

Spring Break
St. Patrick’s Day
Getting organized

April is a busy month—the end of your student’s first year is in sight!

Preparing for finals: make sure your student knows when and where their final exams take place.

Cline Library: the library is an excellent place to study and take advantage of resources. nau.edu/library

Moving out: be sure to review move-out dates and policies. nau.edu/campusliving

TIPS
• The Academic Success Centers on campus offer test prep strategies and studying tips.
• The end of the academic year can be stressful; remind your student of their successes and offer them your support.

CONVERSATION STARTERS
• How are you preparing for your finals?
• What are you doing to take care of yourself?
• When do you move out of your dorms and how can I help?

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# Crossing the finish line

## TIPS
- Final exams take place May 6–9. Send your student a text or a care package reminding them that you love them and believe in them!
- Allow your student to share their college experiences—good or bad—with you.
- Remind your student to consistently check their NAU LOUIE account to ensure everything is up to date with no remaining balances.

## CONVERSATION STARTERS
- Overall, how do you feel this year went? Was there anything surprising? Were your expectations met?
- What classes are you going to take this summer or next semester? How will you use what you learned this year?

## Calendar

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<td>Last day of spring classes</td>
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May 2024
Soaking up summer

TIPS

• If your student doesn’t have a job or internship (or even if they do), encourage them to explore volunteer opportunities in the community. It’s a great way to get connected and gain experience in a field they’re passionate about.
• Talk to your student about their goals for the upcoming school year.
• If your student is signed up for summer classes, remind them that these classes often move at a quicker pace. Encourage them to practice good time management skills.

CONVERSATION STARTERS

• In what ways do you feel like you’ve grown as an individual over the past year?

June 2024

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Second-year strategies

TIPS

• Encourage your student to begin packing for the back-to-school move early. This way, you both ensure they have everything they need.
• Review campus resources with your student again to ensure another successful year.
• Remind your student to check that everything is in order for the next year (i.e., check for any LOUIE To-Do List items, finalize any student account or financial aid items).

CONVERSATION STARTERS

• Are you staying in contact with your NAU friends this summer? How are they enjoying their summer?

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Independence Day (university closed)
Important NAU departments
Contact information and websites

Academic Success Centers
928-523-7391
nau.edu/asc

Disability Resources
928-523-8773
nau.edu/disability-resources

Emergency
911
nau.edu/police

First-Generation Programs
928-523-6980
nau.edu/firstgen

Gateway First-Year Advising
928-523-4772
nau.edu/gateway

JacksCard
928-523-1905
nau.edu/jackscard

Parent and Family Services
928-523-5181
nau.edu/parents

Student and Departmental
Account Services
928-523-3122
nau.edu/sdas

Bookstore
928-523-6691
nau.edu/bookstore

Campus Dining
928-523-2372
nau.edu/dining

Campus Health Services
Appointments: 928-523-2131
Billing: 928-523-6343
nau.edu/chs

Campus Living
928-523-3978
nau.edu/campus-living

Counseling Services
928-523-2261
nau.edu/counseling

Campus Health Services
Appointments: 928-523-2131
Billing: 928-523-6343
nau.edu/chs

Gateway First-Year Advising
928-523-4772
nau.edu/gateway

Office of Indigenous
Student Success
928-523-8086
nau.edu/oiss

Office of the Dean
of Students
928-523-5181
nau.edu/studentlife

Office of Inclusion
928-523-5656
nau.edu/inclusion

Office of the Dean
of Students
928-523-5181
nau.edu/studentlife

Office of the Dean
of Students
928-523-5181
nau.edu/studentlife

Office of the Dean
of Students
928-523-5181
nau.edu/studentlife

Parking and
Shuttle Services
928-523-6623
nau.edu/parking

Registrar
928-523-5490
nau.edu/registrar

Scholarships and
Financial Aid
928-523-4951
nau.edu/finaid

Student and Departmental
Account Services
928-523-3122
nau.edu/sdas

Student Service Center
928-523-9501
nau.edu/servicecenter

Student Support Services
928-523-6980
nau.edu/sss

Student Support Services
928-523-6980
nau.edu/sss

Student Support Services
928-523-6980
nau.edu/sss

University Admissions
928-523-5511
nau.edu/admissions

University Police (non-emergency)
928-523-3611
nau.edu/police

Northern Arizona University sits at the base of the San Francisco Peaks, on homelands sacred to Native Americans throughout the region. We honor their past, present, and future generations, who have lived here for millennia and will forever call this place home.

NAU is an Equal Opportunity/Affirmative Action Institution/UM1069465_04.23