Welcome to Northern Arizona University!

Parent and Family Services supports you and your student by providing easy access to information and answering your questions about life as a Lumberjack.

NAU understands the important role families play in their students' lives and educational success. Continued communication and support from family can help your new Lumberjack succeed at NAU.

This calendar will help you learn about the many offices, academic programs, and resources NAU has to offer, including ways we can work together to support students in reaching their educational and career goals. We have support for you and your student wherever they may be. If your student is attending an NAU Statewide Campus, we encourage you to also view **nau.edu/statewide-campuses** to view your specific campus resources.

Welcome to the Lumberjack family!



Sincerely,

Shannon Clark Assistant Dean of Students



Your student's NAU journey begins

Welcome Week

A chance for students to plug in to the campus community and find friends with similar interests. nau.edu/welcomeweek

Clubs and organizations

NAU has more than 400 student clubs and organizations. nau.edu/clubs

Campus living

Find everything you and your student need to know about housing, dining, move-in, and success with roommates. **nau.edu/campusliving**

TIPS

- Encourage your student to get involved in Welcome Week.
- Have them explore campus resources for help adjusting.
- Talk with your student about setting and maintaining a budget.

CONVERSATION STARTERS

- What organizations or clubs do you hope to join this year?
- Are there any support resources that you anticipate needing this year?
- Tell me about your roommate. What is their major? What are they interested in?

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
\sim			1	2	3	4	5
2023							
	6	7	8	9	10	11	12
	13	14	15	16	17	18	19
ust		Tuition due date (regular 16-week) Early move-in day (approved groups)	Early move-in day	Early move-in day	Move-in days ————	Career Development Part-time Job & Internship Fair	
	20	21	22	23	24	25	26
n,	Move-in days	First day of fall classes					
4	27	28	29	30	31		

NAU is excited to partner with you to support your student



The Lumberjack Family Hub is the official NAU source for parent and family information. families.nau.edu

We're here for you

Parent and Family Services 928-523-6267 | ParentandFamilyServices@nau.edu



- Register for Family Weekend!
- ۲ If your student is getting homesick, encourage them to get involved through a campus club or organization.
- If your student is looking for a job, encourage them to contact NAU Career Development.

Social Media

- facebook.com/nauflagstaff
- o instagram.com/nauflagstaff

twitter.com/nau

pinterest.com/nauflagstaff

CONVERSATION STARTERS

How are you settling

people you've met?

Who are some of the new

Tell me about your classes. Are they what you expected

in so far?



∞	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
02	NAU		and your Lumb le app for all things ining, and more.			NAU Football @ University of Arizona	
		.			1	1	2
		Labor Day (university closed)					NAU Football @North Dakota
θL	3	4	5	6	7	8	9
q						Hispanic Heritage Month (through Oct. 15)	NAU Football vs. Utah Tech Running of the Freshmen
3	10	11	12	13	14	15	16
pter							NAU Football vs. Montana
	17	18	19	20	21	22	23
ep					Career Development Career & Graduate School Expo		NAU Football @ Sacramento State
S	24	25	26	27	28	29	30



Finding a rhythm: mid-semester support

Academic Success Centers

Here, students can access free academic support resources like individual and group tutoring, peer coaching, test prep, and more. nau.edu/asc

Advising

Advisors help first-year students select a major, understand degree requirements, navigate campus resources, and stay on track. nau.edu/gateway



- Enrollment for spring opens the end of October. Encourage your student to reach out to an advisor.
- Share resources such as the Academic Success Centers with your student.
- Start thinking about next year's housing options.



- Have you met with your advisor yet? How did that go?
- How is your monthly budget going?
- What are you enjoying most about school? What do you miss about home?

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
							NAU Football @ Weber State	
\mathfrak{O}	1	2	3	4	5	6	7	
2023		Indigenous Peoples' Day				Family Weekend ———	NAU Football vs. Portland State	
$\widetilde{}$	8	9	10	11	12	13	14	
	Family Weekend —>							
Φ	15	16	17	18	19	20	21	
0		NAU Homecoming					NAU Football	
							vs. UC Davis	
\mathbf{U}	22	23	24	25	26	27	28	
)cto			Halloween	Family Weekend 2023 Oct. 13–15 nau.edu/familyweekend				
\mathbf{O}	29	30	31					

Ensuring a healthy NAU

Campus Health Services

With our Medical Services, Counseling Services, and Health Promotion departments, you can trust your student's holistic health is in good hands. nau.edu/chs

In addition, the **Lumberjack Care Center** addresses concerns such as food security, financial needs, and overall wellness. nau.edu/carecenter





- Celebrate your student's successes with them and plan for upcoming challenges.
- Connect your student with NAU's Career Development office.
- Encourage your student to begin planning for upcoming final exams early.
- What are you doing to take care of yourself?Tell me about the new
- friends you've met so far.What do you hope to
- do while you're home (or elsewhere) for Thanksgiving break?

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2023				National Native American Heritage Month			NAU Football @ Montana State
Ο				1	2	3	4
۲ 2						Veterans Day, observed (university closed)	NAU Football vs. Northern Colorado Veterans Day
er er	5	6	7	8	9	10	11
þ					Career Development Virtual Career Fair		NAU Football @ Eastern Washington
	12	13	14	15	16	17	18
em					Thanksgiving Day (university closed)	University Holiday (university closed)	
5	19	20	21	22	23	24	25
6							
Nove	26	27	28	29	30		

RECREAT

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Finishing strong and planning ahead

FAFSA

The Free Application for Federal Student Aid (FAFSA) opens this month and must be filled out every year. fafsa.gov

Scholarships and Financial Aid

Many scholarship applications open early each calendar year. NAU's ScholarshipUniverse helps students search for and match with potential scholarships. **nau.edu/scholarships**



- If your student hasn't declared a major (or if they have but are unsure about it), encourage them to talk to their advisor and search Jacks Planner to explore possible options.
- Look for emails that indicate when scholarship applications are opening and when they close.

CONVERSATION STARTERS

- How are you feeling after fall semester?
- What are your goals for spring?
- What is something you've learned about yourself in college?

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2023		Fina Financial.	FAFSA opens this month	2			
r 2	3	4	5	6	7	8	9
Ð		Finals week				Last day of fall classes Fall commencement	
emb	10	11 First day of winter session	12	13	14	15	16
CG	17	18 Winter Break	19	20	21	22	23
Ŭ	24	(university closed)					
	Winter Break	25	26	27	28	29	30

New goals for the new year

After spending the first semester adjusting to college life, many students are ready to explore new challenges and activities.

Part-time jobs can help pay for college and provide valuable work experience. NAU's Career Development office can connect your student with a job that's right for them.

If your student hasn't already, encourage them to join a club or organization, or get a group of friends together and start their own! nau.edu/clubs





- **Review payment** deadlines for any outstanding spring charges such as tuition and fees, meal plans, or housing.
- Remind your student • you believe in them and that they will have a great spring semester.
- How are you re-connecting with your friends this semester?
- Which classes are you most excited about?
- What is your New Year's resolution in regard to college?



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Winter Break (university closed) New Year's Day					
4		1	2	3	4	5	6
024		Tuition due date (regular 16-week)				Last day of winter session	
$\overline{\mathbf{a}}$	7	8	9	10	11	12	13
>		Martin Luther King Jr. Day (university closed)	First day of spring classes				
	14	15	16	17	18	19	20
na				Career Development Part-time Job & Internship Fair			
	21	22	23	24	25	26	27
an							
	28	29	30	31			



A commitment to unity

Lumberjacks embrace diversity and inclusion while promoting a welcoming community for students of all backgrounds. Just a few of the campus communities and departments working to support students include:

Office of Inclusion nau.edu/inclusion

Office of Indigenous Student Success nau.edu/oiss Veteran and Military Services nau.edu/vets

First-Generation Programs nau.edu/firstgen

TIPS

- Discuss and learn more about your student's Spring Break plans ahead of time.
- Encourage your student to embrace and love their own individuality.

CONVERSATION STARTERS

- What are your plans for Spring Break?
- Where are you planning to live next year? If off-campus, are you ready for the additional responsibilities?

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
_					Black History Month		
4							
$\overline{\mathbf{N}}$					1	2	3
2024							
$\widetilde{\mathbf{N}}$	4	F	C	7	0	0	10
_	4	5	6	7	8	9	10
				Valentine's Day			
ruary	11	12	13	14	15	16	17
		Presidents' Day					
<u>_</u>							
	18	19	20	21	22	23	24
eb							
Ð							
	25	26	27	28	29		

Playing with purpose

Spring Break and emerging warm weather mean a host of new activities to get involved in. And there is no shortage of fun recreational opportunities on campus and around Flagstaff.

Campus Recreation

Recreational facilities, sports clubs, fitness classes, and more. nau.edu/rec

Outdoor Adventures OA offers trips almost every weekend. nau.edu/outdoors

Aquatic and Tennis Complex

Access during open swim is free with a Student ID.



- Talk to your student about making responsible choices, especially during Spring Break.
- Enrollment for summer and fall terms generally opens in March. Encourage your student to reach out to their advisor.

CONVERSATION STARTERS

- Are you staying active?
- What are your plans for this summer (living
- situation, working, summer classes, etc.)?
 Who is your favorite professor so far? What d

Who is your favorite professor so far? What do you like about them?	

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Women's History Month	
						1	2
2024					Career Development Career & Graduate School Expo		
2	3	4	5	6	7	8	9
0		Spring Break					
ろ	10	11	12	13	14	15	16
С С	St. Patrick's Day						
rch	17	18	19	20	21	22	23
g	24						
Ma	31	25	26	27	28	29	30



Getting organized

April is a busy month-the end of your student's first year is in sight!

Preparing for finals: make sure your student knows when and where their final exams take place.

Cline Library: the library is an excellent place to study and take advantage of resources. **nau.edu/library**

Moving out: be sure to review move-out dates and policies. nau.edu/campusliving

TIPS

- The Academic Success Centers on campus offer test prep strategies and studying tips.
- The end of the academic year can be stressful; remind your student of their successes and offer them your support.



- How are you preparing for your finals?
- What are you doing to take care of yourself?
- When do you move out of your dorms and how can I help?

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		April Fools' Day					
		1	2	3	4	5	6
4	7	8	9	10	11	12	13
Ň							
2024	14	15	16	17	18	19	20
N	14	Earth Day	10	17	10	15	
	21	22	23	24	25	26	27
April							
V	28	29	30				

Crossing the finish line



- Final exams take place May 6–9. Send your student a text or a care package reminding them that you love them and believe in them!
- Allow your student to share their college experiences—good or bad—with you.
- Remind your student to consistently check their NAU LOUIE account to ensure everything is up to date with no remaining balances.

CONVERSATION STARTERS

- Overall, how do you feel this year went? Was there anything surprising? Were your expectations met?
- What classes are you going to take this summer or next semester? How will you use what you learned this year?



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Asian and Pacific Islander Heritage Month			
				1	2	3	4
	Cinco de Mayo	Finals week ————				Last day of spring classes Spring commencement	
_	5	6	7	8	9	10	11
2024	Mother's Day	First day of summer classes					
0	12	13	14	15	16	17	18
>	19	20	21	22	23	24	25
Ŋ		Memorial Day (university closed)					
May	26	27	28	29	30	31	

Soaking up summer



- If your student doesn't have a job or internship (or even if they do), encourage them to explore volunteer opportunities in the community. It's a great way to get connected and gain experience in a field they're passionate about.
- Talk to your student about their goals for the upcoming school year.
- If your student is signed up for summer classes, remind them that these classes often move at a quicker pace. Encourage them to practice good time management skills.

CONVERSATION STARTERS

 In what ways do you feel like you've grown as an individual over the past year?

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
							1
4	2	3	4	5	6	7	8
$\overline{\mathbf{N}}$							
2024	9	10	11	12	13	14	15
	Father's Day			Juneteenth (university closed)			
Ð	16	17	18	19	20	21	22
aune	23						
	31	24	25	26	27	28	39

Second-year strategies



- Encourage your student to begin packing for the back-to-school move early. This way, you both ensure they have everything they need.
- Review campus resources with your student again to ensure another successful year.
- Remind your student to check that everything is in order for the next year (i.e., check for any LOUIE To-Do List items, finalize any student account or financial aid items).

CONVERSATION STARTERS

• Are you staying in contact with your NAU friends this summer? How are they enjoying their summer?



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
-					Independence Day (university closed)		
_		1	2	3	4	5	6
-	7	8	9	10	11	12	13
uly 2024	14	15	16	17	18	19	20
20							
	21	22	23	24	25	26	27
n							
	28	29	30	31			

Important NAU departments

Contact information and websites

Academic Success Centers 928-523-7391 nau.edu/asc

Bookstore 928-523-6691 nau.edu/bookstore

Campus Dining 928-523-2372 nau.edu/dining

Campus Health Services Appointments: 928-523-2131 Billing: 928-523-6343 nau.edu/chs

Counseling Services 928-523-2261 nau.edu/counseling Disability Resources 928-523-8773 nau.edu/disability-resources

Emergency 911 nau.edu/police

First-Generation Programs 928-523-6980 nau.edu/firstgen

Gateway First-Year Advising 928-523-4772 nau.edu/gateway

Campus Living 928-523-3978 nau.edu/campus-living JacksCard 928-523-1905 nau.edu/jackscard

Motorist Assistance 928-523-9066

Office of Inclusion 928-523-5656 nau.edu/inclusion

Office of Indigenous Student Success 928-523-8086 nau.edu/oiss

Office of the Dean of Students 928-523-5181 nau.edu/studentlife Parent and Family Services 928-523-5181 nau.edu/parents

Parking and Shuttle Services 928-523-6623 nau.edu/parking

Registrar 928-523-5490 nau.edu/registrar

Scholarships and Financial Aid 928-523-4951 nau.edu/finaid Student and Departmental Account Services 928-523-3122 nau.edu/sdas

Student Service Center 928-523-9501 nau.edu/servicecenter

Student Support Services 928-523-6980 nau.edu/sss

University Admissions 928-523-5511 nau.edu/admissions

University Police (non-emergency) 928-523-3611 nau.edu/police

Northern Arizona University sits at the base of the San Francisco Peaks, on homelands sacred to Native Americans throughout the region. We honor their past, present, and future generations, who have lived here for millennia and will forever call this place home.

NAU

NAU is an Equal Opportunity/Affirmative Action Institution/UM1069465_04.23