

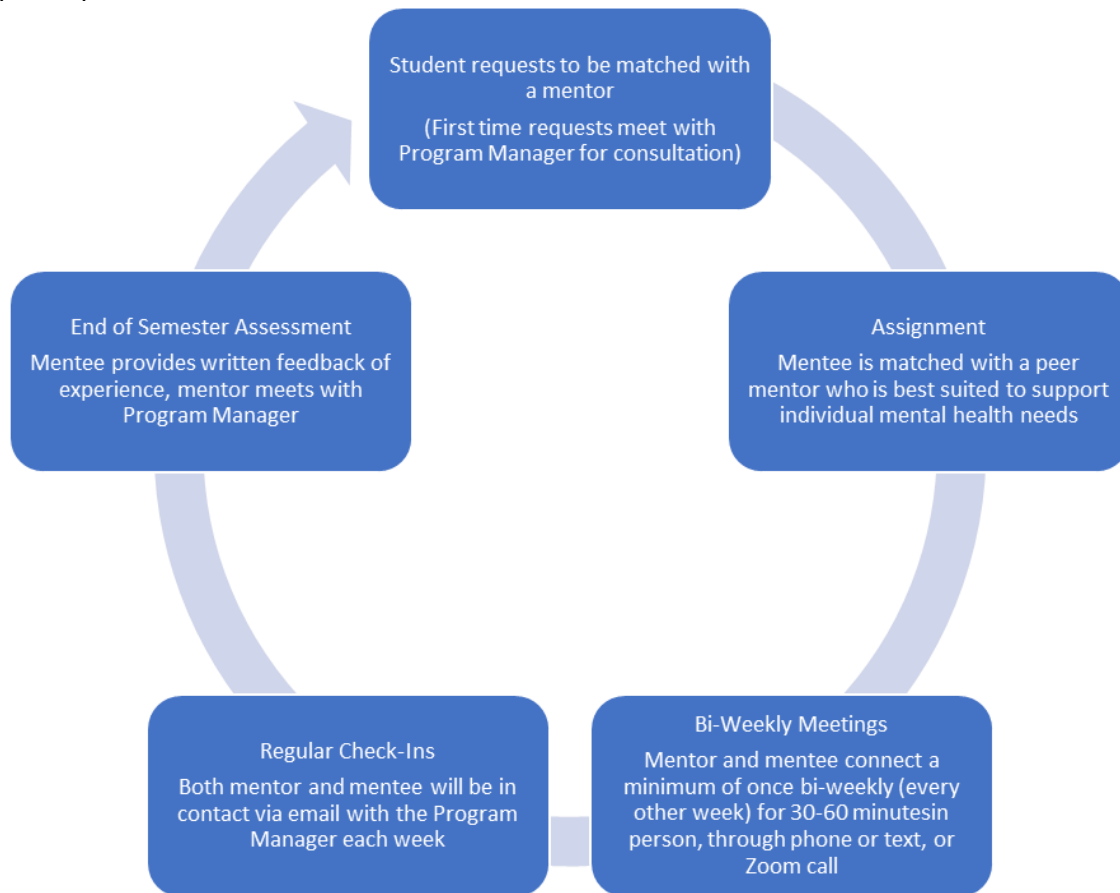
## NAU Mental Health Support Squad

### Scope of Care

Northern Arizona University's (NAU) Mental Health Support Squad (MHSS) offers mental health education, outreach, and advocacy to the currently enrolled undergraduate and graduate students of NAU at the Flagstaff campus, statewide sites, and those studying online. MHSS peer mentors are trained to provide guidance, support and resources, a safe space to share mental health concerns, and an opportunity to foster connections that may lead to an improvement in overall mental health. MHSS peer mentors are not trained or licensed therapists or caregivers and do not provide diagnosis or treatment for specific mental health needs.

The information shared by mentees during meetings is confidential and will not be disclosed to anyone without permission of the mentee. However, there are limitations to confidentiality in the mentorship relationship that are outlined for both mentors and mentees upon assignment. In the case of specific disclosures that rise to a specific level of concern, an immediate referral to Counseling Services (CS) from the mentor is required.

To better understand the MHSS peer mentorship program, the following describes standard participation:



\*Please note that mentors establish their own hours of availability and will share those times with a mentee at the start of the assignment. Mentors are not responsible for responding to emails, phone calls, or text messages placed or received outside of their stated/dedicated hours of availability.

In the event of any mental health emergency situation, mentees should contact Counseling Services at 928.523.2261 or reach out to Crisis Response Network / Terros at 877.756.4090.