This list is a resource for you to share with students if necessary.

|  |  |  |
| --- | --- | --- |
| **Facility/Address/Phone Number/Hours** | **Services** | **Eligible Participants /Fee** |
| **VA Mental Health During Social Distancing**  **Phoenix**  **Location:** Jade Opel Clinic, 650 E. Indian School Rd Phoenix, AZ 85012  **Phone Number:** 602-222-2752  **Tucson**  **Location:** Southern Arizona VA Agave Clinic, 3601 S. 6TH Ave Tucson, AZ 85723  **Phone Number:** 520-629-4884  **Yuma**  For initial visit, you must either visit the Tucson or Phoenix medical centers.  **Flagstaff:**  **Location**: 1300 West University Avenue, Suite 200, Flagstaff, AZ 86001-7228  **Phone** **Number**: 928-226-1056  **Prescott:**  **Location**: 500 Hwy 89N Prescott, AZ 86313 **Phone** **Number**: 928-445-4860 | 800-949-1005 | -Counseling Services  -VA teleconference counseling services may be available as well. Call the VA office for instructions.  **FLAGSTAFF**: While, the VA Counselor will currently not be offering services on the NAU campus on Tuesdays, we encourage students to contact Jan MacRae from the Flagstaff VA CBOC at 928-226-1056 to set up a individual counseling appointments. Tuesday afternoons will be blocked off specifically for NAU student veterans.  However, you may schedule on different days as well if needed.   Additionally, your may utilize NAU Counseling services by calling 928-523-2131.  If you have any questions, please contact [laurie.jordon@nau.edu](mailto:laurie.jordon@nau.edu) or [Armondo.escalanti@nau.edu](mailto:Armondo.escalanti@nau.edu). | Available to all Veterans that are in the VA Healthcare System. Not in the system?  Apply at:  <https://www.va.gov/health-care/apply/application/introduction> |
| **Crisis Response Network (phone crisis support)** | If CRN cannot resolve the crisis over the phone, they  might dispatch the mobile crisis team from ***Terros*** . Both the mobile crisis team and phone crisis support staff can be reached at the number above. | Available and free to anyone in crisis. Currently still offering in person appointments |
| 1-877-756-4090  [**http://www.crisisnetwork.org**](http://www.crisisnetwork.org/)  If CRN cannot resolve the crisis over the phone, they  might dispatch the mobile crisis team from ***Terros*** . Both the mobile crisis team and phone crisis support staff can be reached at the number above. |
| **NAU HLC Counseling Services** | Initial assessment; Individual & Couples counseling; 24 hour phone crisis service; Substance abuse program; Behavior-related assessment  **Counseling Services Mental Health Emergencies (24 hours)**[**928-523-2261**](tel:9285232261) | Enrolled or Prospective students by appointment only; students may make an appointment online, by phone, or come in during walk-in hours. $275 will need to be purchased to utilize HLC services for the semester. |
| [**http://www2.nau.edu/nau-map/**](http://www2.nau.edu/nau-map/) |
| 824 S. San Francisco St. Flagstaff, AZ 86011 |
| (928) 523-2261 |
| Fall/Spring: M-T-TH-F 8AM-5PM W- 9AM-5PM |
| Summer: 7:30AM-4:30PM |
| Walk-in appointments are available 8-3 on Mon, Tue,  Fri, and 9:30 to 3 on Wed and Thursday |
| [**http://nau.edu/counseling-services/**](http://nau.edu/counseling-services/)  **Counseling Services Mental Health Emergencies (24 hours)**[**928-523-2261**](tel:9285232261) |
| **Terros Health** | Terros Health Mobile Crisis provides assessment, intervention, and connection to ongoing care resources. All services are available to everyone at no cost. Our goal is to continue to promote safe and strong communities. | Free, no cost to the patient |
| 1750 S Woodlands Village Blvd #135, Flagstaff, AZ 86001 |
| (877)-756-4090 |
| 24/7 |
| [**https://www.terroshealth.org/mobile-crisis/**](https://www.terroshealth.org/mobile-crisis/) |
|  |
| **The Guidance Center** | Individual, Group, and Family Counseling, Personal assistant and Peer Support, Substance Abuse, Psychiatric and Psychological Evaluations; 24 hour crisis services at 1.888.681.1899 or call 928.527.1899 and press 1 |  |
| 2187 N. Vickey St. Flagstaff, AZ 86004 |
| 24/7 |
| (928)-527-1899 |
| [**https://tgcaz.org/**](https://tgcaz.org/) |

|  |  |  |
| --- | --- | --- |
| **Facility/Address/Phone Number/Hours** | **Services** | **Eligible Participants /Fee** |
| **Behavioral Health Services-Flagstaff Medical**  **Services** | Outpatient Services-Individual, couples and family  therapy for all ages, Psychological testing, Intensive Outpatient Program for Chemical Dependency, Problem gambling treatment, Child trauma treatment, Relapse Prevention Group Counseling (Individual, Family, and Group).  Case Management, Psychiatric Evaluations/ Medication Monitoring, Skills Training, Health and Wellness and Behavior Coaching |  |
| 1215 N Beaver St, Flagstaff, AZ 86001 |
| (928) 213-6400 |
| [**http://www.flagstaffmedicalcenter.com**](http://www.flagstaffmedicalcenter.com/) |
| **Southwest Behavioral Health Services** |
| 1515 E. Cedar Avenue, #B-4 Flagstaff, Arizona 86004  928-779-4550  [**http://www.sbhservices.org**](http://www.sbhservices.org/)**/** |
| **NAMI Flagstaff** | NAMI Flagstaff raises awareness and provides essential education, advocacy, and support group programs for people living with mental illness and their loved ones. Feeling overwhelmed? Just need to talk? NAZCARE's Warm Line: 877-404-5530. Available 7 days a week, 5:30 pm - 10:30 pm. Essential education, advocacy, and support group programs for people living with mental illness and their loved ones. |  |
| PO Box 30673 |
| Flagstaff, AZ 86003-0673 |
| Phone: (928) 214-2218 |
| NARBHA's 24-hour Crisis Hotline |
| 877-756-4090 |
| [**http://www.nami-flagstaff.org/home**](http://www.nami-flagstaff.org/home) |
| **Vista Hospice** | Northland Hospice & Palliative Care offers individual and group support to community members dealing with the death of a loved one or with the challenges of caregiving. | These services are offered at no charge. Individuals must speak with a staff member before participating in these sessions. |
| 452 N. Switzer Canyon Dr., Ste. A |
| Flagstaff, AZ 86001 |
| Phone: (928) 779-1227 |
| [**http://vistahospice.org/other-services/support-**](http://vistahospice.org/other-services/support-groups/)  [**groups/**](http://vistahospice.org/other-services/support-groups/) |

|  |  |  |
| --- | --- | --- |
| **Facility/Address/Phone Number/Hours** | **Services** | **Eligible Participants /Fee** |
| **NACA (Native Americans for Community Action)** | Offer strengths-based outpatient services for youth  and adults- individual, family, couple, and group settings. Counseling is offered for marital problems, Intimate Partner Violence (IPV), depression, grief, trauma, self-esteem, coping skills, spiritual distress, and managing one’s lifestyle, and other issues. We also offer Prevention Programs including Suicide Prevention and Pathways after school program for youth. | The mission of Native Americans for Community  Action, Inc., is to provide preventive wellness strategies, empower, and advocate for Native people and others in need to create a healthy community based on Harmony, Respect, and Indigenous Values. |
| 1500 E Cedar Suite 26 Flagstaff, AZ 86004 |
| 928.773.1245 ext 200 |
| NACA Main |
| 2717 N Steve's Blvd Suite 11 Flagstaff, AZ 86004 |
| 928.526.2968 |
| [**http://www.nacainc.org/**](http://www.nacainc.org/) |
| **Victim/Witness Services for Coconino County** | Victim Witness Services offers compassionate support  and resources to victims, witnesses and survivors of crime and crisis through effective response and community outreach. |  |
| 201 E Birch Ave Suite # 4 |
| Flagstaff, AZ 86001 |
| (928) 679-7770 |
| [**http://www.vwscoconino.org/**](http://www.vwscoconino.org/) |
| **Alcoholics Anonymous (AA)** | Alcoholics Anonymous is a fellowship of men and  women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. | The only requirement for membership is a  desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. |
| Flagstaff Central Office |
| 2102 E Third Avenue (at the Alano Club) |
| Flagstaff, AZ 86004 |
| (928) 774-4615 |
| Emergency Hotline: (928) 779-3569 |
| 24 hours a day, 7 days a week |
| [**http://www.flagstaffaa.org/index.html**](http://www.flagstaffaa.org/index.html) |
| **Narcotics Anonymous (NA)** | Narcotics Anonymous offers recovery to addicts  around the world. NA focuses on the disease of addiction rather than any particular drug. In Narcotics Anonymous, membership is based on a desire to stop using drugs including alcohol land has as a foundation, the principle of complete abstinence. |  |
| Helpline Number (928) 255-4655 |
| [**http://www.arizona-na.org/**](http://www.arizona-na.org/) |