PIES	7"	Cal	14" <i>Cal</i>	
Simply Cheese Mozzarella cheese with red sauce	\$6.99	500 T	\$13.39 <i>320/slice</i>	
Simply Pepperoni Mozzarella cheese with red sauce and pepperoni	\$7.49	630 T	\$14.99 <i>350/slice</i>	
Veggie Deluxe Mozzarella cheese with red sauce, roasted tomato, zucchini, mushrooms, caramelized onions, and roasted red pepper	\$7.49	560 T	\$15.49 <i>380/slice</i>	
Hot Italian Sausage Mozzarella cheese with red sauce and hot Italian sausage	\$7.49	650	\$14.99 <i>400/slice</i>	
Meat Lover's Mozzarella cheese with red sauce, pepperoni, ham, beef, Italian sausage, and bacon	\$8.59	790	\$19.39 <i>520/slice</i>	
Chipotle BBQ Chicken Chipotle grilled chicken, BBQ sauce, red onions, tomato, cheddar and jack cheeses, and cilantro	\$8.59	740	\$18.89 400/slice	
Pesto Chicken Pesto chicken, mozzarella, roasted red pepper, roma tomato, pesto, and parmesan	\$9.39	650	\$18.89 <i>420/slice</i>	
Buffalo Chicken Mozzarella cheese with ranch dressing, fried	\$9.39	800	\$17.59 400/slice	
chicken bites in a hot sauce and green onions	Calories listed by slice for 6 cut 14" pizzas.			

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Hawaiian

Combo

PASTA

Baked Ziti

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2 slices with a 16 oz. fountain beverage

2 slices of cheese, pepperoni, or the daily special

Baked ziti, meatballs, basil marinara, mozzarella,

creamy bechamel and parmesan crumbs

Penne and alfredo sauce, broccoli and

cheddar stuffed chicken breast

\$9.39 *950 Cal*

\$9.39 *900 Cal*

14" Cal \$7.49 580 **T** \$15.49 *340/slice* Mozzarella cheese with red sauce, ham, and pineapple Margherita \$7.49 \$14.49 *350/slice* Fresh, sliced mozzarella and parmesan cheeses with plum tomatoes and basil Gluten-Free Crust - 10" **\$2.80** addition to the 7" price pizza toppings may contain gluten BY THE SLICE available 11am-3pm FOUNTAIN BEVERAGES Just one slice of the pie \$3.29 Choose from our simply cheese, pepperoni 16 oz. \$1.89 *0-200 Cal* or the daily special

\$7.49

SUBS

Meatball \$8.59 760 Cal Meatballs and sauce on a sub roll with provolone

22 oz. \$2.19 *0-400 Cal*

Chicken Parm **T T** \$6.99 720 Cal Crispy chicken, sauce and mozzarella on a sub roll

TOASTED FLATBREAD SANDWICHE	S	Cal
Italian F F Ham, salami, pepperoni, provolone, tomato, green chili, and shredded lettuce with olive oil & vinegar dressing	\$8.59	1080
Java F F Slices of turkey, bacon, cheddar, tomato, lettuce and chipotle mayo	\$8.09	910
Baja Chicken T T Grilled chicken breast with spicy taco ranch dressing, shredded cheddar, lettuce and tomato	\$8.09	720
Meatball & Provolone T T Meatballs with marinara, provolone and grated parmesan	\$8.09	972
Flagstaff Melt T T Provolone cheese, black olives, bell peppers, onion, lettuce and tomato with oil & vinegar	\$6.89	650
Simply Cheese Melt Toasted with mozzarella cheese	\$5.39	510

= lunch transfer special (11am-3pm) = dinner transfer special (3pm-close)

Transfer specials come with a piece of fruit (95-105 Cal) and either a 16 oz. fountain beverage or 1/2 pint of milk (130/170 Cal).

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.