# Campus Dining Meal Plan Information and FAQs

# What is a meal plan?

We offer two types of meal plans for freshman living on campus. Both types of plans come with two primary components – **Meals and Dining Dollars** 

- The **Unlimited plan** offers unlimited meals in the Hot Spot or The DüB, with Dining Dollars that can be used at any dining location on campus.
- The most popular type of plans, though are the **weekly meal plans** offering a certain number of meals (10, 14, or 19) every week that can be used at almost all dining locations on campus. The meals for these plans reset weekly every Sunday morning around 3am.

#### Why should I have a meal plan?

Having a meal plan means you'll always have access to fresh, healthy food on campus with no worry or fuss - you never have to worry about carrying cash. Northern Arizona University's dining program is recognized as one of the best in the nation. With more than 20 dining locations on campus, the meal plan provides unparalleled flexibility and access to incredibly diverse menus. Ease and convenience is taken to the next level with mobile ordering and robot delivery through the Starship app. NAU requires all freshmen living on campus to choose the Unlimited plan or one of the Weekly meal plans.

#### What is the difference between the Unlimited plan and the Weekly plans?

- The **Unlimited plan** offers unlimited meals within our resident dining locations, the Hot Spot and The DüB. These two locations are "all-you-care-to-eat" dining options.
- The Weekly plans offer the flexibility to use your meals in both the resident dining locations as well as most of the retail locations across campus with the use of Transfer Specials.

# What does "all-you-care-to-eat" consist of?

We offer "all-you-care-to-eat" dining in our two large resident dining locations or "dining halls" on campus. They each feature several different restaurant-style service platforms where you can choose anything from international cuisine, to BBQ and fresh-smoked meats, deli, pasta, or purely plant-based foods. Just one meal swipe allows you access to foods from all of the platforms, you can stay as long as you want and eat as much as you want.

#### What are Transfer Specials?

The majority of our retail dining locations feature "Transfer Specials" that allow you to use a meal swipe to pay for a combination of retail offerings, similar to a "combo meal". Each location has different menu options listed, you can also view them on the Campus Dining website or NAUgo. Transfer Specials can be used for meals on "Weekly" plans and "Block" plans, but they are NOT available with the Unlimited plan.

# What are Dining Dollars?

Dining Dollars are included with every meal plan, as a supplement to your meals. They provide a tax-free declining balance spending account attached to your meal plan that you use just like a debit card.

### When can I access my Dining Dollars?

Dining Dollars are disbursed at the beginning of each semester once your meal plan payment is received. Remaining Dining Dollar balances will carry over from the fall to the spring semester, but they must be used by the last day of the spring semester at which time they do expire.

### Why are Dining Dollars better than cash?

Dining Dollars afford you discounts in some locations and save you over 10% in sales tax on all purchases.

### Where can I use Dining Dollars?

Dining Dollars can be used at all Campus Dining locations, including campus markets and 1899.

# What if I run out of Dining Dollars?

Easily add more Dining Dollars to your Jacks Card online through the Jacks Card website or in the NAUgo app,. You can also add dining dollars in person at the Campus Dining Meal Plan Office across from the Jacks Card office in the University Union.

# Where can I use my meal plan?

There are over 20 locations across campus where you can use your meals. The best value to use your meals is in the Hot Spot and The DüB. If you have one of the Weekly plans, you can also use your meals at the majority of retail locations across campus with the use of a Transfer Special. Go to nau.edu/dining for a list of all the locations or check them out on the NAUgo app.

#### If I use up all my weekly meals before the weekends, what are my options?

If you do happen to use up all your meals in your Weekly plan before Sunday, you can use your Dining Dollars to get into one of the resident dining locations or use them for any combination of offerings at any of our retail locations on campus. These locations also accept cash, credit and debit.

### What if I don't use all my meals for the week?

Weekly plans offer a limited number of rollover meals. The 10 MPW plan allows for up to one unused meal to be carried over to the next week. The 14 MPW plan allows for up to two remaining meals to be carried over and the 19 MPW plan allows for up to three meals to be carried over to the next week.

# When and how can I change my meal plan?

You can change your plan via your student LOUIE account anytime over the summer. Once the semester starts, you have the **first 2 weeks** to test out the plan and see if it will work for you. If you need to change it during these 2 weeks, stop by the **Meal Plan Office in the University Union** and we'll be happy to assist you. Changes or cancellations are not allowed beyond the first two weeks of the semester.

# Where on campus can I find vegan/vegetarian options?

There are vegan and vegetarian menu items available at virtually all dining locations across campus. The best variety of plant-based menus can be found in the Hot Spot and The DüB. Both of these locations offer a variety of both vegan and vegetarian dishes every day, with the ability to customize to your liking. There are icons on menus which denote if an item is vegetarian or vegan, these can also be found in the NAUgo app, and a Plant-Based Guide to dining on campus is available online at nau.edu/dining.

#### What if I have special dietary needs?

We have a pretty robust program around food allergies and special dietary needs. The Hot Spot and The DüB both feature a platform called Simple Servings which menus only "allergy-friendly" recipes that exclude ingredients with milk, eggs, wheat, soy beans, shellfish, peanuts, treenuts, or gluten (fin fish is sometimes served). Food allergens are also identified on menus and in the NAUgo app so you can plan your meals if you are looking to avoid specific types of foods. We also offer dining tours with our registered dietitian to help you navigate your choices.

#### What is a Block plan?

Block plans are another type of meal plan that is offered to upperclassmen and commuter students. Block plans work the same way as the traditional weekly plans but instead of meals by the week, Block plans distribute a certain number of meals for the entire semester.