

WAC Rules & Regulations

Front Desk

1. No one is allowed to enter the swimming area unless a lifeguard is on duty.
2. Lifeguards and facility management have ultimate authority in the pool area and may remove anyone who is behaving in an unsafe or inappropriate manner at any time.
3. All guests must sign the University's liability waiver and pay the appropriate admission fee or present valid ID/proof of program registration.
4. Adult supervision policy:
 - a. Children ages 10 and younger MUST be within arm's reach of an in-water parent/guardian (16+).
 - b. Children ages 11-17 must have an adult supervisor (18+) present in the facility at all times.
5. Only US Coast Guard approved personal flotation devices are permitted for non-swimmers.
6. Personal items should be secured in the designated locker or changing rooms. Skateboards, scooters, and bikes are not permitted on deck and should be kept in the locker rooms or preferably outside. The University is not responsible for personal property or valuables at any time.
7. No photography or videography is permitted inside the facility without written consent from Northern Arizona University.
8. Campus Recreation reserves the right to suspend the privileges of any individual who fails to comply with posted and verbal facility policies.
9. The use of University facilities in any manner which results in financial gain – either directly or indirectly – to individuals or non-University approved organizations/groups is prohibited.
10. Food, beverages (aside from water), gum and/or tobacco products are prohibited.
11. Glass and breakable containers are not permitted in the pool area.
12. Guests are required to wear proper swim attire in the pool. Jeans, undergarments and other inappropriate clothing are not permitted in the pool area. T-shirts and tank tops are permitted over swim attire.

Competition Pool

1. No headfirst entries are allowed in water shallower than 9 feet.
2. Starting blocks are for competitive use only and may only be used under the supervision of a coach.

3. Competitive or repetitive breath holding can be deadly and is not permitted.
4. No hanging on lane lines.
5. Chair lift is available upon request. It is only to be used for entry and exit to the water; it is not a toy.
6. No swimming under bulkhead.

Dive Tank

1. Only the 1-meter and 3-meter diving boards/platforms are open during open swim and private events.
 - a. Use of any of the taller diving boards will result in the patron being immediately removed from the facility.
 - b. Exception: a contracted diving team, under the supervision of a coach, listed in the Outlook calendar during designated practice time.
2. Goggles or masks are not permitted while using the diving boards.
3. Guests must jump straight off the end of the board.
4. Only 1 person is allowed on a diving board or platform at a time.
5. No double-bouncing, inwards, gainers, back dives or back flips will be permitted.
 - a. Exception: a contracted diving team, under the supervision of a coach, listed in the Outlook calendar during designated practice time.
6. Guests are not permitted to move the fulcrum; it must be in the most forward position at all times during open swim.
7. Competitive or repetitive breath holding can be deadly and is not permitted.
8. Scuba, deep water diving or other deep water activities will be not permitted at any time.
 - a. Exception: Navy Seal trainees under the supervision of a petty officer/trainer.

Climbing Wall

1. Non-swimmers are not permitted to use the climbing wall.
2. Only 1 climber is allowed on each wall panel at a time.
3. Only feet-first entries are permitted off the wall.
4. No climbing on the back or sides of the structure.
5. When climbing wall is open, a lifeguard must supervise the use of the structure without performing any other duties or observations.
6. Climb must begin from the water.

7. No shaking the wall or hanging from the top.

Hot Tub

1. The spa capacity is 12. Note: If any part of someone's body is in the water that counts toward the spa capacity. It is the lifeguard's responsibility to maintain a line of sight for adequate surveillance

2. The spa is only open during posted open swim hours.

3. Use of the spa is restricted to those ages 14 and older unless as required for an approved, supervised aquatic program.

4. Pregnant women, elderly persons and those suffering from heart disease, diabetes, high/low blood pressure, seizures, respiratory problems or epilepsy should not use the spa without prior medical consultation and permission from their doctor.

5. The recommended time limit for each patron is 15 minutes. Overexposure to hot water may result in dizziness, nausea, fainting or head-related illnesses.

6. Using the spa while under the influence of alcohol, tranquilizers or other drugs that can cause drowsiness or that raise/lower your blood pressure is prohibited.

Deck Area

1. Personal training in this facility is only available through current Campus Recreation employees certified in personal training.

2. Restrict the use of fitness equipment to the matted area.

3. Pull-ups on the TRX bar are permitted.

4. Changing on deck is not permitted; please use the designated changing spaces for this activity.

Equipment

1. Log roll:

a. Patron use of the log roll during open swim sessions is subject to manager discretion.

b. May only be used in the dive tank or in 7+ feet of water.

c. Feet-first entries only off the log.

d. Flips are not permitted off the log.

e. There should be adequate space around the log so as to prevent injury.

2. Water polo gear:

- a. Coordinated practice using water polo balls, nets and other gear are prohibited during open swim.

Other

INTERNATIONAL TEAMS

1. Teams are permitted within the facility 30 minutes before their scheduled water time begins.
2. Teams are prohibited from using the log roll, climbing wall, paddleboards or tall diving platforms at all times.
3. Teams who opt to use the designated blue cage to store their personal items assume all risk. Wall Aquatic Center and Northern Arizona University are not responsible for personal property or valuables at any time.
4. Teams must exit the facility 15 minutes after their scheduled in-water time completes.

YOUTH GROUP TEAMS

1. Teams are permitted within the facility 15 minutes before their scheduled water time begins.
2. Teams are prohibited from using the log roll, climbing wall, paddleboards or tall diving platforms at all times.
3. Teams who opt to use the designated blue cage to store their personal items assume all risk. Wall Aquatic Center and Northern Arizona University are not responsible for personal property or valuables at any time.
4. Teams must exit the facility 15 minutes after their scheduled in-water time completes.

SPORT CLUBS

1. Teams are permitted within the facility 5 minutes before their scheduled water time begins.
2. Teams are prohibited from using the log roll, climbing wall, paddleboards or tall diving platforms at all times unless granted permission by facility management.
3. Teams who opt to use the designated blue cage to store their personal items assume all risk. Wall Aquatic Center and Northern Arizona University are not responsible for personal property or valuables at any time.
4. Teams must exit the facility 15 minutes after their scheduled in-water time completes.