

Skateboarding Safety



Skateboards should never be used on surface streets.

Even experienced skateboarders can fall, so learning how to fall safely can help reduce the risk of severe injuries. The following are recommendations from the National Safety Council regarding how to fall correctly:

- When losing your balance, crouch down on the skateboard so your fall is short.
- Try to land on fleshy parts of your body when falling.
- Try to roll as you fall, which prevents your arms from absorbing all the force.
- Try to relax, rather than remaining stiff when falling.

Other safety precautions to take when skateboarding include the following:

- Wear protective gear such as helmets, padding, and closed-toe and slip-resistant shoes.
- Check the skateboard for wear and tear.
- Only allow one person per skateboard.
- Do not hitch rides from bicycles, cars, or other vehicles.
- Carefully practice tricks in designated skateboarding areas.
- Obey all traffic rules.

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NAU Campus Skateboarding Laws

- Per NAU Traffic Regulations, skateboards may only be operated on sidewalks or designated pedestrian pathways. Skateboards must be operated with due regard for pedestrian safety (ARS 15-1627)
- A skateboarder may not cling to a moving vehicle on a roadway (ARS 28-814)
- Skateboarders may not create an unreasonable inconvenience or hazard to vehicles, bicycles, or pedestrians that interferes with the normal flow of traffic (ARS 13-2906)
- Skateboarding is prohibited in Parking Garages or wherever posted. Violation of posted skateboarding restrictions constitutes trespassing (ARS 13-1503)

Know safety, no injury. No safety, know injury.

Author Unknown



Direct your questions regarding these laws to the
NAU Police Department at (928) 523-3611

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