



GREEN FUND

Sustainability Through Student Innovation

Project Application

Green Fund Mission Statement: “The NAU Green Fund promotes student participation in and provides funding for projects that reduce NAU’s negative impact on the environment and create a culture of sustainability on-campus.”

Requirements for Funding:

- The project must be implemented on campus.
- The person submitting the project must be a NAU student, faculty, or staff member.
- Projects must provide all necessary documents, letters of support, and authorizations prior to submission.
- The Green Fund distributes funding on a **reimbursement basis**. Project teams should partner with an administrative office to provide upfront funding for the project. Once the project has been successfully completed, the Green Fund will reimburse the administrative partner.
- All project applications should be submitted to greenfund@nau.edu for review.

Disclaimer: All applications will go through a comprehensive vetting process. We highly recommend meeting with a Green Fund Committee member prior to submitting the application. The Green Fund Committee member will assist you with every step of writing your project application. If your project is approved, you may be asked to provide more detailed information regarding specific deliverables. The Green Fund is not responsible for acquiring the necessary permits, permissions, or approvals for a project, although we are happy to assist with this process if needed. Additionally, the Green Fund does not provide any ongoing maintenance costs. A sponsoring department must take responsibility for operations and management.

Review Process: Upon project application submission, the Green Fund will review your project within two weeks. At this time, the Green Fund will provide comments on the project. Incomplete applications will not be reviewed until all components are submitted. **Note:** The Green Fund Committee only meets during the academic year. All projects submitted outside of the regular academic year will be reviewed at the start of the next academic session.

Contact Information

Project Leader Name: Kailee Schaberg Phone: 602-694-4144 E-mail: kes475@nau.edu

Project Advisor Name: Andrew Iacona Phone: 928-853-0908 E-mail: Andrew.Iacona@nau.edu

Sponsoring Department: Office of Sustainability – Health and Habits Team

Project name: Sustainable Health Care Packages

NAU Department/Unit for funding reimbursements (Attach letter of commitment from departmental representative): Office of Sustainability

Project Overview

Executive Summary

The Health and Habits team for the Office of Sustainability want to create and distribute sustainable health care packages to NAU students. The goal of our project is to promote all aspects of student well-being during these challenging times with health resources centered around sustainability. We want to empower students to adopt health promoting habits with a sustainability perspective in mind. We are encouraging students to interact with these resources so they have the tools to better take care of their three homes: mind, body, and planet.

To give you a broad idea, our care packages would include various educational resources regarding plant-based living, a succulent from Warner's, the local plant nursery in Flagstaff, an O2Go container for students generously provided by Dining Services at no cost, and a \$20 dining dollars voucher. All of these resources will be included in a Green NAU bag already available in Facilities.

Our team believes connecting students with these various sustainable, health promoting resources is foundational in expanding the culture of sustainability in our community and planet at large. By making these resources more accessible through our initiative, we are reducing the known health barriers students face in adopting sustainable health promoting practices and behaviors. Our packages will help our community mitigate food insecurity while simultaneously promoting all aspects of health with the houseplant and plant-based living resources.

Project Components:

1. Does your project require space or construction on campus? If so, where? Please review the “Space Committee Document” located on our webpage and follow the steps to begin requesting a location.
 - a. No, we will use the space already dedicated to the Office of Sustainability located in Facility Services.
2. Have you obtained all necessary approvals for this project? Please attach all letters of support to this application. Letters of support should include confirmation from the sponsoring department that the sponsoring department will cover all upfront expenses and work with the Green Fund Business Manager to acquire reimbursement after project completion. If any ongoing operations and maintenance is required of your project, provide a letter of support from the entity that will be covering those costs and/or services.
 - a. Yes, attached below. From Matt Muchna during our last proposal submission.
3. Will this project provide funding for student wages?
 - a. Not necessarily, but it will supplement the hours of people working in the Office of Sustainability.
4. Please list all additional sources of funding you have pursued. Include departments, grants, ASNAU, Graduate Student Government, etc.
 - a. None.
5. Have any of the Green Fund Committee members been involved in this project?
 - a. Yes, James Owen Murphy & Emily Hackett

Project Specifics

Relationship to NAU Climate Action Plan (CAP)

1. How does your project align with one of the seven CAP categories (Energy, Water, Transportation, Waste Minimization, Sustainable Landscaping, Environmental Justice, Communication)?
 - a. Environmental Justice- Our project aligns primarily with the environmental justice category of NAU's Climate Action Plan. We know that the foundations of environmental justice are built upon addressing all other sectors of justice. Our project will have the potential to address social, class, and health justice simultaneously. These are one and the same. Promoting accessibility and equity is at the core of the environmental justice movement and so is the mission of this initiative. By making these sustainable health resources more accessible, inclusive, and available to students, we are reducing the known health barriers college students face. We understand food insecurity is one of the biggest public health problems facing college students. Our project advocates for the protection of both the health of people and planet, as we know they are greatly influenced by one another. Our packages will also transform our community to reduce food insecurity and barriers to health resources all through a sustainability perspective.

Community

2. Is there a public outreach plan? How will faculty, staff, and students learn about this?
 - a. Our team will outreach to students virtually primarily through the @greennau and @naugreenjacks, and @naucampusdining social media platforms. Students and faculty will learn about our project through the platforms, alongside the Green Flash newsletter. For the first trial, we are going to do a first come first serve basis for recipients. We will create a google form for students to fill out and share it through social media, etc. The first students to fill out and submit the form will receive a package. And then we will set up an outpost for students to come pick up their package at Campus Dining in the Union. The students will then show their confirmation email and be able to pick up their package.
3. Are you working with other groups on or off campus? If so, describe your partnership.

- a. Yes, our team is collaborating with Dining Services at NAU. They will be the primary folks involved in our project, as they are supplying the dining dollar voucher alongside funding an OZZI container for our project.

Project Parameters

4. What are the environmental costs and benefits associated with your project?
 - a. The environmental costs of our project would primarily be the transportation impact involved with receiving the houseplant.
 - b. The environmental benefits are vast, including an increase in sustainable health behaviors and eating practices amongst college students. Both of these benefits expand the culture of sustainability in our community and greatly promote the health of people and our planet.
5. Provide an economic cost/benefit analysis for your project. Focus on identifying specific cost savings.
 - a. N/A, the major costs of the project are the dining dollar voucher. Even with no direct payback, our project has the potential to greatly improve the mental and physical health outcomes of students alongside engagement in sustainable health practices.
6. Is this a one-time expense or will you require future funding?
 - a. As of now this is a one-time expense.
7. When your project members no longer attend NAU, who will be responsible for running the project?
 - a. Office of Sustainability Staff a part of the Health and Habits team.
8. How will you monitor the impact of your project after implementation?
 - a. We will monitor the impact of our project after our initial implementation by distributing and analyzing the survey questionnaires results from recipients of the care packages.

Project Budget

Sustainable Health Care Package Budget			
Item	Price	Quantity	Total
2-inch Houseplant	3.25	200	650.00
Dining Dollar Voucher	20.00	200	4,000.00
5% Contingency		4650	232.50
Total Cost			\$4,882.50

Project Timeline

Sustainable Health Care Package Timeline		
Action	Parties Involved	Month/Year
Order plants and voucher	Project Leader, H&H Team Members	February 2021
Organize student volunteers to assemble packages	Project Leader, Green Jacks, Volunteers	Late Feb/Early March 2021
Distribute care packages	Project Leader, Green Jacks, Volunteers	Mid March 2021

Office of Sustainability

October 12, 2020
Northern Arizona University
Office of Sustainability
PO Box 6016
Flagstaff, AZ 86011

Dear Green Fund,

The Health and Habits team for the Office of Sustainability would like to create and distribute sustainable health care packages to NAU students. The goal of our project is to promote all aspects of student well-being during these challenging times with health resources centered on sustainability. Addressing and promoting the intersections between human health and environmental health is our mission, as we know these two are deeply interconnected and influenced by one another.

Connecting students with these various sustainable, health-promoting resources is foundational in expanding the culture of sustainability in our campus community. By making these resources more accessible and inclusive, we are reducing the known health barriers students' face in adopting sustainable health promoting practices and behaviors. Our packages, including a succulent, menstrual cup, O2Go container, \$20 gift card to sprouts, and educational material on plant-based living and mental health will transform our community and greatly reduce period poverty, food insecurity, and other known health disparities college students disproportionately face.

This initiative will promote not only the health of students at Northern Arizona University, but also the overall health of our planet. Empowered people empower others and our world.

The Office of Sustainability department understands that any future expenses (additional sustainable health product purchasing) to be covered by the Office of Sustainability. We understand that the Green Fund is only responsible for the initial purchase of the materials approved in this proposal and will not fund continued maintenance of the program.

Sincerely,



Matthew J. Muchna
Sustainability Manager
Northern Arizona University