



**10 RED CELLS  
8 PLATELETS**  
Childbirth  
Complications

## Transform a life, and your own

Lindsey only held her newborn daughter for 5 minutes before she was rushed to the OR with post-delivery complications. 10 red cell and 8 platelet transfusions saved her life so she could watch her kids grow.

*“The simple act of donating can have such a huge impact in the lives of the people it saves. Every day, blood donors give people a second chance at life – people like me.”*

# Martin Luther King Jr. Day of Service BLOOD DRIVE

Mon., Jan. 21, 2019

1:00 pm ~ 5:00 pm


City of Flagstaff Aquaplex - 1702 N. 4th St.

Contact Ramsay Shannon at 928-523-1571,  
Sarai Richter at 480-526-3634 or visit  
[www.BloodHero.com](http://www.BloodHero.com) (Sponsor Code: MLKFLG).

Fratelli Pizza would like to thank you for giving blood with a voucher for a free pizza slice and soft drink.

**NAU** NORTHERN ARIZONA  
UNIVERSITY  
Civic Service Institute



For eligibility questions or to schedule a donation,  
call **877-25-VITAL** or visit us at [vitalant.org](http://vitalant.org)  
Find us @vitalant:   

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