# INDIGENEWS

TUESDAY, 1ST NOVEMBER, 2022 | VOL 1



Office of Indigenous Student Success



Native American Cultural Center



### **NACC Building Hours**

Monday - Thursday: 8am - 8pm

We are here for you! Fill out the contact form and we get in touch.



Friday: 8am - 5pm

**OISS Department Hours** 

Monday - Friday: 8am - 5pm

We would love to hear your feedback on our newsletter!



## **Follow OISS!**

**SOCIAL MEDIA PAGES** 





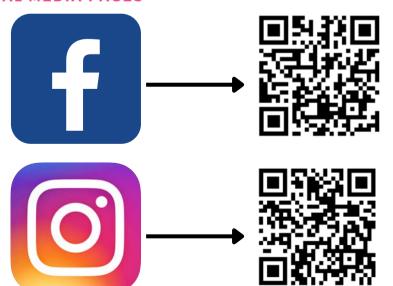


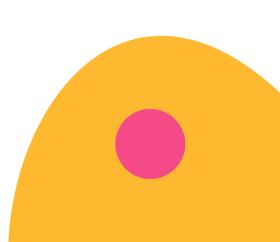


**Indigenous Financial Aid** 

## **Follow NACC!**

**SOCIAL MEDIA PAGES** 





## NATIVE AMERICAN HERITAGE MONTH NOVEMBER EVENTS

CLINE LIBRARY NATIVE AMERICAN HERITAGE MONTH BOOK COLLECTION - WRITE A REVIEW VISIT HTTPS://BIT.LY/NAUNAHC TO VIEW COLLECTION

NAHM GRUB BOXES & COOKING DEMO FRI. 11/4 @ 10AM-12PM @LJ CARE CTR BLDG. 42

> STEWFEST! @NACC FRI. 11/4 @ 12PM - 2PM

EXCERCISING SOVEREIGNTY RUN/WALK @NACC MON. 11/7 @ 7AM - 9AM

NACC ELDER BEVERLY WARNE'S STORYTELLER SERIES @NACC WEDS. 11/9 @ 4PM - 6PM

"ROCK YOUR MOCS" GATHERING & LUNCH @NACC MON. 11/14 @ 12PM - 2PM

NATIVE AMERICAN HERITAGE MONTH CELEBRATION @NACC MON. 11/14 @ 3:30PM - 5PM

POWERLANDS FILM @CLINE LIBRARY TUE. 11/15 @ 7PM

RSVP & ZOOM INFO FOR NACC EVENTS, GO TO: HTTPS://IN.NAU.EDU/NATIVE-AMERICAN-CULTURAL-CENTER/EVENTS/

## NATIVE AMERICAN HERITAGE MONTH NOVEMBER EVENTS

PATHWAYS TO RESEARCH SPEAKER SERIES PRESENTS: AARON YAZZIE, NASA @IMQ BLDG. 30 THURS. 11/17, 5PM-7PM

NACC ELDER LEROY SHINGOITEWA'S
STORYTELLER SERIES @NACC
THURS. 11/17 @ 4PM - 6PM (HYBRID EVENT)

NATIVE AMERICAN HERITAGE FOOTBALL GAME SAT. 11/19 @ 1PM

NATIVE AMERICAN WOMEN'S BASKETBALL GAME SUN. 11/20 @ 2PM

FILM SCREENING & THANKS BUT NO THANKSG\*VING SURVIVANCE DISCUSSION @NACC MON. 11/21 @ 5:30PM

NATIVE AMERICAN HERITAGE MEN'S BASKETBALL GAME TUE. 11/29 @ 6PM

WED. 11/30 @ 5:30PM - 7:30PM

RSVP & ZOOM INFO FOR NACC EVENTS, GO TO: <u>HTTPS://IN.NAU.EDU/NATIVE-AMERICAN-CULTURAL-CENTER/EVENTS/</u>

#### **SCHOLARSHIP CORNER**

- American Indian College Fund:
   https://collegefund.org/students/scholarshi
   ps/
- Hawaii Community Foundation Grants & Scholarship:

https://www.hawaiicommunityfoundation.or g/grants-and-scholarships-for-communitycauses-and-students

 NAU Indigenous Tribal Scholarships Resource:

https://nau.edu/office-of-scholarships-andfinancial-aid/indigenous-lumberjacks/

- Natives Forward:
   https://www.nativeforward.org/scholarship-finder/
- Indian Health Service Scholarships: https://www.ihs.gov/scholarship/
   scholarships/
- ASNAUGO Scholarship (Study Abroad):
   https://edabroad.nau.edu/index.cfm?
   FuseAction=Programs.ViewProgram
   Angular&id=10452

#### \*SUCCESS TIP\*

Contact ISSNatives@nau.edu or call 928-523-8086 for FAFSA, tribal scholarship, and scholarship essay assistance.

#### **NATIONAL SCHOLARSHIPS**

Contact Dr. Andrea Graves today
(natl\_scholarships@nau.edu) for assistance in
national scholarships. We have had previous
NAU student recipients!

- Cobell Scholarship (\$7,000):
   https://cobellscholar.org/
- Udall Scholarship (\$5,000):
   <a href="https://www.udall.gov/OurPrograms/">https://www.udall.gov/OurPrograms/</a>
   Scholarship/AboutScholarship.aspx

Fulbright English Teaching Assistant

- Scholarship:
  <a href="https://us.fulbrightonline.org/applicants/">https://us.fulbrightonline.org/applicants/</a>
  <a href="types-of-awards/english-teaching-assistant-awards">types-of-awards/english-teaching-assistant-awards</a>
- Goldwater Scholarship: https://goldwaterscholarship.gov/
- Harry S. Truman Scholarship: https://www.truman.gov/

#### \*SUCCESS TIP\*

Believe in yourself and apply! Even if the scholarship application is not open, contact Dr.
Graves to work on it in advance. Applications can take several months to complete, and the rewards are worth it!

# Are you graduating this December?

Stop by ASNAU Office (Room 206, Building #30 in University Union) to rent a cap and gown starting November 14th!



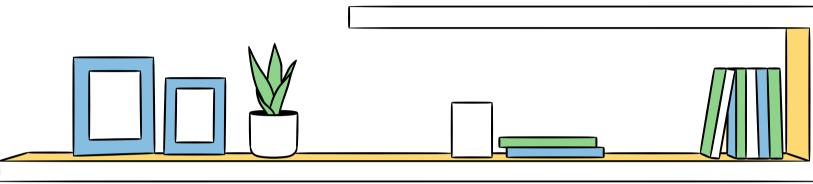
## **PROGRAM OPPORTUNITIES**

#### NAU now offers a Master's in Nursing!

https://nau.edu/nursing/graduate-nursing-programs/

#### NAU offers a variety of accelerated bachelors to master's programs!

https://nau.edu/graduate-college/accelerated-programs/



## **INDIGENOUS SPOTLIGHT**



NASA astronaut Nicole Aunapu Mann, Wailacki of the Round Valley Indian Tribes, became the first Indigenous woman in space on October 5th, 2022. Mann serves as the mission commander for the SpaceX Crew-5 mission to the International Space Station, where the crew will work on hundreds of experiments over the course of 6 months. She is also in the running to become the first woman on the moon in 2025.

## **SECURE HOUSING TODAY!**



The NAU housing application for 2023-2024 has opened!

#### For more information:

Contact campus.living@nau.edu or 928-523-3978

https://nau.edu/campus-living/how-to-apply-for-housing/

## **CLASS ENROLLMENT OPEN!**

You can enroll into your spring 2023 classes today!
Contact your advisor or Office of Indigenous Success for any assistance.

Office of Indigenous Student Success 928-523-8086 ISSNatives@nau.edu







### CAN YOU SPOT THE DIFFERENCE IN 1 MINUTE?





#### **INDIGE-POLL**

Would you rather have to fight one horse-sized duck or 50 duck-sized horses?





## CAN YOU GUESS THE WORD?

Get it Get it Get it Get it

Try  $\frac{\text{stand}}{2}$ 



T O W N

# NAU PHYSICAL THERAPY CLINIC

Supervised doctoral physical therapy students provide free evaluation and treatment

## Fridays

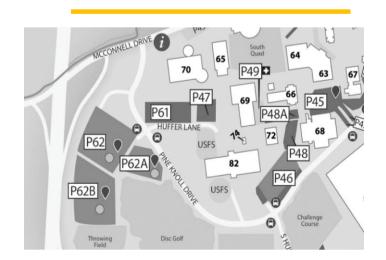
8:00 a.m. to 3:30 p.m. Health and Human Services 208 E. Pine Knoll Drive Building 66, Room 129 nauptclinic@nau.edu



Department of Physical Therapy and Athletic Training



Three consecutive appointments are provided if you are uninsured, under-insured or otherwise financially challenged to access the services you need.



CONTACT NAU PHYSICAL THERAPY (928) 523-4092

#### **BLUE CORN PUMPKIN PANCAKE**

- 1/2 cup Roasted Blue Cornmeal
- 1/2 cup All Purpose Flour
- 1/2 tsp Baking Soda
- 1/4 tsp Salt
- 1 tbsp Granulated Sugar
- 1 tsp Pumpkin Pie Spice
- 4 tbsp Pumpkin Puree
- 1 large Egg
- 1 cup Milk
- 1 tbsp butter or nonstick spray



- 1. Whisk blue corn meal, all-purpose flour, baking soda, and salt.
- 2. In a separate bowl, whisk together sugar, egg, milk, pumpkin puree, and pumpkin pie spice together.
- 3. Slowly add wet ingredients to dry ingredients and mix together until smooth.
- 4. Heat up griddle or pan to medium heat.
- 5. Melt a little butter into griddle or pan.
- 6. Using a 1/4 cup, scoop up batter and pour into pan. Batter will form a circle.
- 7. Let cook until bubbles start to form at the top, then flip and cook until brown.
- 8. Top pancakes with your choice of nuts or no nuts.
- 9. Top with maple syrup or your choice of sweetener. Enjoy!



## NAU CLINE LIBRARY NATIVE AMERICAN HERITAGE MONTH COLLECTION

Celebrating Indigenous people today and every day! Books of interest and value which reflect and honor the lived experiences of our Indigenous community.

Browse the collection, check out a book and leave a review!

Visit <a href="https://bit.ly/NAUNAHC">https://bit.ly/NAUNAHC</a> to search the collection.



To leave a review or book recommendation





The First Navajo
Woman Surgeon
Combines
Western Medicine
and
Traditional Healing

LORI ARVISO ALVORD, M.D. ELIZABETH COHEN VAN PELT

