Spring 2023



NAU Retirees Association (NAURA) | NAU Retirees Association (NAURA) https://in.nau.edu/naura/

Spring 2023 Luncheon & Annual Business Meeting

Date: Friday, May 5, 2023 Place: Elks Lodge #499 2101 N. SanFrancisco St

Program: Road Scholars Mary Ellen Hansen, Director

Nominations & Voting for Officers

Installation of New Officers

Social Time: 11:30 AM Lunch: Noon Price: \$20 per person RSVP by April 21, 2023

Buffet MENU

Chicken & Beef Tacos Cheese Enchiladas Rice & Beans Vegetable of the Day Chips & Salsa Sour Cream & Guacamole Iced Tea & Coffee

Make luncheon reservations by Friday, April 21, 2023. Enclosed with this newsletter is a reservation form for the Spring Luncheon. If you receive the newsletter electronically simply click on the blue link in the reservation form. Or you can fill out the form and enclose your check for \$20 per person. Your reservation form and check must be mailed in advance and received no later than Friday, April 21, 2023. Mail your completed reservation form and check to:
Treasurer, NAURA

NAU Box 5601 Flagstaff AZ 86011-5601





President's Corner

Greetings Fellow Retirees!

As this new year rolls in I have been reflecting...on my three years with NAURA and life in general. I'm sure we all do this, to some extent, as we get older.

I started with NAURA as the membership chair and then took on the website. As I saw what great leadership could be through Betsy Kerr, I accepted the role of president-elect and committed to three more years with the organization. It has been an interesting ride.

This past year we were informed that our longtime administrative assistant, Shannan Rice, would no longer be in that position as her career continues to move upward. We currently have Laurie Cates, an executive assistant in Phoenix, as our administrative support and we appreciate her help a great deal. Your executive committee is researching other possibilities for the administrative assistance we need in connection with NAU and possible physical location changes. We'll keep you posted on our progress.

We are planning to have a "live" spring luncheon this year, barring any more unwanted health issues, to install our officers. We will still send the ballots out online, and in snail-mail for those without email, as we did last year. That process seemed to work very well and gave more of our members the opportunity to participate in the election.

I have appreciated being your president this past year and will do my best to support Carole Mandino as she starts her year as president.

This is YOUR organization, and we have high hopes for its ability to succeed and provide you with the best of all it has to offer. Your participation, and suggestions, are extremely important to our success.

At 76 years young I only have another 25 (or so) years to go...I'm going to do my best to



enjoy every minute of that time through travel, food, family and friendships, and of course, volunteering. I wish you all the same.

Kathleen Olivia "Kathi" Zahl NAURA President 2022-2023 kozm1946@hotmail.com

5 Surprising Benefits of Volunteering

The power of volunteering has been documented for the last 2,500+ years, however a slew of recent research is shedding even more light onto its surprising benefits. Science now proves what great leaders and philosophers have known for years:

1. Volunteering time makes you feel like you have more time.

2. Volunteering your skills helps you develop new skills.

3. Volunteering your body helps you have a healthier body.

4. Volunteering your experience helps build your experience.

5. Volunteering your love makes you feel more love. Taken from AROHE Matters E-News, January 2023

NAURA is searching for a **President-elect** for the 2023-2024 fiscal year. Do you want to get involved in an organization that promotes your retirement? Do you want NAURA to do more for retirees? Now is the time to get involved. We will be taking nominations in advance and at our annual spring luncheon scheduled for May 5th. Contact Carole Mandino at <u>Carole.Mandino@nau.edu</u> or at 928-699-8473 with

questions or to volunteer for this position.



In Memory of our Beloved Members

Our condolences to the families of these NAU retirees, spouses, and faculty members who have recently passed away. (Information is from published obituaries except where noted.) If you know of a retiree or spouse who has died, please contact Sherry Markel: Sherry.Markel@nau.edu.

Mr. Gerald V. Bacon passed on November 11, 2022. Obituary not found.

Mr. Philip G. Basso passed on January 20, 2018. Obituary not found.

Dr. James Otto Berg passed on November 28, 2022. He was a professor of educational leadership and an adviser in the Center for Excellence in Education for over 20 years. In 1983, he was named a Flagstaff Citizen of the Year.

Dr. Arnold S. "Mike" Brown passed on February 18, 2017 in Yuma Arizona. Mike was an Emeritus Professor of Sociology at NAU and was an active member of NAURA.

Dr. Casey L. Donoho II passed on February 10, 2023. He was a professor of marketing in the College of Business.

Mrs. Evelyn R. Downum passed on July 7, 2009. In 1953, she began her career as the children's librarian at the NAU Elementary Laboratory School library and taught children's literature in the College of Education.

Dr. Jill S. Dubisch passed on January 30, 2023. She was a Regents Professor in Anthropology Emerita and taught at NAU for twenty years.

Mr. Wayne R. Fox passed on November 1, 2022. During his 34-year career at NAU, he was a member of the accounting faculty and later the Assistant Dean of the W. A. Franke College of Business.

Mr. Lloyd Q. Gilbert passed on February 28, 2013. Born on the Hopi Reservation, he was a member of the Rabbit Tobacco Clan. He coached basketball for the NAU Elementary Laboratory School.

Mr. Joseph E. Gust passed on December 14, 2022. He was a professor of engineering and for several years served as the adviser for the American Indian Science and Engineering Society.

Dr. Gerald B. Hughes passed on September 6, 2019. Gerald was a Professor of Sociology at NAU.

Dr. Heidemarie G. Johnson passed on July 11, 2020 at the age of 77 in Kempner, Texas.

Dr. Florence M. Karlstrom passed on January 8, 2023 at the age of 100. She was hired as an associate professor of Sociology in 1965 and taught for NAU for the next 30 years. Florence earned her Ph.D. during these years from ASU, Tempe. She was vitally engaged with the Flagstaff community through her interests in children and education.

Dr. Arthur L. Mansure passed on February 5, 1999. at the age of 84 living in Phoenix, Arizona.

Dr. Donald D. Riggs passed on November 26, 2022 at the age of 89 living in Sun City, Arizona. He was a professor and then Professor Emeritus of the College of Education.

John P. Sharber passed on August 2, 2022 at the age of 67. He earned degrees in Electrical Engineering and Philosophy from the University of Arizona and was the Lab Manager at NAU for the Department of Electrical and Computer Engineering.

Tom F. Sheeley passed on August 15, 2021 at the age of 71. In addition to being an outdoor enthusiast and world class classical guitarist, Tom was a music professor at NAU. In 1998 he was the cultural attache for the United States in South America.

In Memory of our Beloved Members . . .

Betty J. Upton passed on January 5, 2021 at the age of 74. She was born in Flagstaff in 1946 and taught Interior Design classes for NAU.

Dr. Joseph J. Walka passed on November 22, 2022. Joe brought his family to Flagstaff in 1985 when he joined the College of Business at NAU. He served as the Dean of the College of Business from 1987 to 1996. At the time of his death Joe was a Professor of Economics and Dean Emeritus of the College of Business

Dr. Charles S. Warren passed on March 4, 2006 at the age of 83. He came to NAU (then Arizona State College in 1955 and taught in the Music department as the assistant director of bands, woodwinds and music history.

Treasurer's Report

TREASURER'S REPORT: Submitted January 3 Starting Chase Bank Balance: November 30, 202 Revenue:	
Dues / Deposits	\$280.00.00 (memberships, luncheon, plus \$30 for scholarship)
Edward Jones Vanco*	\$270.56 \$1,121.26 (memberships, luncheon)
Expenditures	• · ; · = · = • (
Flash Luncheon Total in <u>Chase Bank Account</u> , January 31, 2023	\$534.17 \$1,690.00 Elks, violinist, tips \$34,205.62
Edward Jones Account Balance: November 30, 20 Revenue and/or expenditures/losses Gain in Account Value Total in Edward Jones, January 31, 2023	022 \$74, 841.47 (\$270.56) deposited to Chase \$5,528.35 \$80,099.26
Total in both accounts, January 31, 2023	\$114,304.88
*I will not show amounts from Vanco until they are	e actually recorded in a Chase statement. Hence, paymen

ts from Vanco will be slightly behind by roughly three weeks.

Respectfully Submitted, Greg Larkin Treasurer Scholarship Donations April 1-Nov. 30, 2022

\$1,130.00 (+\$50 since 8/4)

Thanks to You

Carole Mandino, President-Elect donated 12 children's hats with gloves and scarves to the Women's shelter. These were enthusiastically accepted with great appreciation. Thank you to those who brought those donations to the Winter Luncheon.

Travel Notes— Range of Light

TRAVEL NOTES – The Range of Light

John Nauman



The Sierra Nevada are the 7,000-foot-plus eastern backbone of California connecting the 14,179-foot Mt. Shasta to the north and the San Gabriel/San Bernardino mountains that ring LA to the south. These mountains gather the rain and snow that provide life-

giving water to California. There is a special place in this backbone called The High Sierra that rises from Kennedy Meadows in the south to 14,505 feet at Mt Whitney, to Tioga Pass, Yosemite, in the north. There

is no east-west highway that crosses this fifty-mile-wide, 200-mile-long wilderness that John Muir called the "Range of Light." This huge batholith gradually rises from the Central Valley to the apex ridge that drops precipitously 10,000 feet into the Owens Valley to the east. The High Sierra alpine zone, elevation 10,000 to 14,500 feet, is Valhalla and holds a deep well of memory for sojourner backpackers and





hikers. This place of sky and water, meadow and granite, holds small glaciers left from ice sheets that carved U-shaped canyons

left behind hanging valleys with clear blue lakes and flower-laced meadows too numerous to count. The Range of Light is like no other place on earth. A place that entranced John Muir and so many "wonderers." My High Sierra explorations started very young and have continued my whole life. Being a lazy backpacker, I always seek

out the highest trailheads with the shortest distance into the alpine realm, so I use the eastside trailheads from southernmost Cottonwood to Onion Valley, South Lake, North Lake, Rock Creek, and Mammoth. Italy Pass Trail is an exception with a low access at the 7400-feet Pine Creek Trailhead, but worth it. Halfway up Pine Creek Trail the rugged Italy Pass Trail splits off. In August of 2003, my son and I and Malley, our sure-footed dog, backpacked over Italy Pass on a six-day, off-trail loop. The weather was perfect for route finding from lake to lake, fly fishing, boot-skiing snow fields, climbing an unnamed peak, and freedom to wonder. Though I love the San Francisco Peaks, Grand Canyon, the



Rockies, ocean and beach and forest, The High Sierra will always be my first love! The memories of these places and those who share them, will fill me with gratitude for the rest of my years. Wishing that you are filled with grateful memories and make new ones in this year and years to come. Peace, John Nauman

Me at right at Piute Pass, 1975. In Memoriam – RIP Little and Big Dave, sojourners from my youth.



*NAURA members invited to share their travel notes!

NAU Retirees FLASH Newsletter

Published by NAU Retirees Association Northern Arizona University P. O. Box 5601 Flagstaff AZ 86011-5601 **Editor: Sherry Markel & Thomas Carpenter** Send articles to the editor at the above address or e-mail: sherry.markel@nau.edu and Thomas.Carpenter@nau.edu

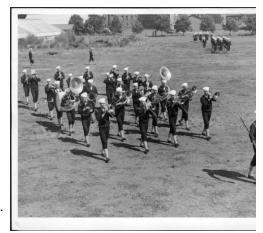
Archivist's Corner

At various stages of its growth and development, the institution we know as Northern Arizona University has had to battle for its survival. This is one of those stories.

A War Story: Saving Arizona State Teachers College

Arizona State Teachers College at Flagstaff was in peril of being closed not long after the United States was drawn into World War II. Enrollment had dropped

drasticallv when Company I of the 158th Infantry in the Arizona National Guard was activated in 1940. and after Pearl Harbor, more men were leaving ASTC. In October 1942.



President Franklin D. Roosevelt encouraged the secretary of war and the secretary of the navy to use the nation's colleges and universities to provide suitable officer training locations, and in the process, help build college enrollments.



The president of ASTC, Thomas Tormey, alarmed with the sharp drop in enrollment, especially among men, worked successfully with the U.S military to get several training and services programs going on or near the small college campus. To get underway, President Tormey put his staff to work on applications, reports, and other avenues to

attract the military to ASTC. He was working under dire circumstances, as the enrollment had dropped to 81 (which included only four men) by 1943. Having established the initial contact for partnering with the military, Tormey was drawn toward a leave of absence from the college to work in a temporary position with civilian wartime services in California. His request for that area of service was granted, and Tom Bellwood, dean of the college, was named to serve as acting president in Tormey's absence.



Bellwood and Tormey would work together in successfully pursuing the U. S. Navy's V-12 program, which was designed to prepare naval officers and help to build a navy to be the largest in the world. Their efforts would result in ASTC at Flagstaff being the only college in Arizona approved for the V-12 program. The approval given by the U. S. Navy was

the key to the continuation of ASTC as an institution of higher learning. Along with training educators, as had been done since 1899, ASTC would provide education and training for 200 sailors, marines, and coastguardsmen. That number soon grew to 400 once the program was underway. Every participant in the V-12 program was to carry a full load of 17 credit hours plus extensive physical training year-round in three terms of four months each. Arizona State Teachers College at Flagstaff trained many military officers from July 1, 1943 through November 30, 1945.

Tom Bellwood had worked with V-12 as acting president and later as president. Thomas Tormey worked with the program until he resigned as president in 1944. Tom Bellwood succeeded Tormey in 1945 and served as president until 1947. He established education programs especially designed for veterans. ASTC was saved.

SOURCES:

Cline Library, Northern Arizona University Special Collections and Archives Platt Cline, <u>Mountain Campus Centennial</u>, Flagstaff, Ariz. 1999 John S, Westerlund, <u>Arizona's War Town:</u> <u>Flagstaff, Navajo Army Depot, and World</u> <u>War II,</u> Tucson, Ariz., The University of Arizona Press, 2003

Harlan Johnson, NAURA Archivist

A HUGE shoutout to Leslie Matthews our new web master for her work on the NAURA web site! Tic

WELCOME NEW RETIREES



Cody, Gwendolyn Corona, Rosa M. Francis, Alan M. Hooker, Richard E Maciha, Mark J. MacPhee, Larry R Merritt, Darlene Pleasants, Shelly A. Roberts, Michael R. Russell, Maureen Smiley IV, Francis E. Sujo-Montes, Laura E. Vedral, Stephen Wiebke, Kathleen M. Yaiva, Jacob R.

Deadline to Apply for NAU Retirees Centennial Scholarship

The NAU scholarship application process is underway for the 2023-2024 academic year. If you have a child or grandchild attending NAU please encourage them to apply for the **Retirees Centennial Scholarship** by going to **nau.edu/osfa** and submitting an application through Scholarship Universe. The deadline to apply is <u>March 17, 2023.</u>

Nydia Nittmann Scholarship Chair



NAURA Policy Statement

NAURA has been contacted by several organizations and/or businesses wanting to solicit or invite NAU-RA members to participate in their events. To respect the privacy of our members, we do not sell or give retirees' information to any other entity. We also do our best to keep

correspondence to a minimum, through the 3-4 FLASH newsletters and occasional SPARK email notifications.

Effective January 1, 2023, the following details our policy regarding non-NAURA sources wanting to solicit NAURA members:

1. NAURA will include outside source events in its newsletter, FLASH, if given the proper dates, times, and locations and if the information is received in a timely manner to allow inclusion in the FLASH newsletter.

2. NAURA will not advertise outside source events or solicitations by sending a special SPARK (short email message) to its membership.

3. NAURA will continue to keep members aware of ASU or U of A educational events, as well as useful retiree information from NAU, but we will not allow the use of the FLASH or SPARK for financial solicitations or private business events.

4. NAURA will continue its policy of not giving out any contact or other member information to any outside source.

NAURA's Highway Clean-up is Coming...

We have scheduled the NAURA Highway Cleanup for Wednesday, May 17 starting at 9:00 am. We pick



up trash along the side of the road from a one-mile section of Highway 180 (Fort Valley Road) from mile marker 219 to 220. This starts just west of the Peak View Market and goes a little past the Summit Fire Station. Depending on the amount of trash we find, the cleanup takes about 1½ to 2 hours.

ADOT provides the bags, and NAURA provides safety vests, gloves, trash pickers and water, although you can bring your own supplies. You should dress weatherappropriate, but it is strongly suggested you wear long pants, a long-sleeved shirt and close-toed shoes since there are rocks along the road and a couple of sections with briars. The Peak View Market has generously allowed us to use their parking lot as a staging area.

Please contact **Dick Coast at** <u>Richard.Coast@nau.edu</u> and he will put you on his list. Another notice will go out closer to the date of the cleanup, and final instructions as well as information needed by ADOT will be sent out to all who sign up about a week before the highway cleanup. If you have any questions, please contact Dick.

ANNUAL MEMBER\$-Renewal; Now June 1

After discussions with NAU Parking Services and with our new online payment system, we needed to set a starting date for annual member renewals of **June 1**. Please do not pay your \$30 annual dues until this date or after. The parking permit window has been changed to match the NAURA year of July 1 to June 30 so if you do not want a gap in your parking permit you will need to pay by June 30 and not before June 1. Please contact NAURA if you have any questions or concerns. This policy does not affect Life Members who only pay once when they join.



Where's Waldo?

Greg Larkin If you are reading this, you are almost certainly an NAU retiree, and hence old enough to remember "Where's Waldo." But in case you forgot, Waldo was a character in a series of books where your job was to comb through crowds of people, non-Waldos, to find Waldo dressed in his trademark red and white striped sweater and glasses.

Northern Arizona Retirees Association (NAURA) is a group of over 600 professionals, faculty, staff, and administrators – In short, anybody and everybody who worked in some capacity for NAU.

NAURA does a lot of great things with and for these members:

- Providing a wide variety of events, from in-person lunches and dinners to online classes and webinars. From hikes and tours, to cleaning highways. Every event takes a significant amount of time, effort, and money to organize and facilitate. So far, though, we are NOT running a dating service!
- Awarding more scholarships to NAU students in increasing dollar amounts. This past year two \$6000 scholarships were awarded. These are substantial awards, and they take time to administer.
- Communicating regularly with retirees, through the FLASH newsletter (which you are reading now) and SPARKs – which come out as needed when something special and sudden comes up. Publishing these outlets takes time, effort, and money.

Now, back to Waldo, Right now, all these projects and events are being accomplished by less than a dozen unpaid volunteers. That's right...out of 600 plus members, all the work is being done by less than 12 people – people just like you. NAURA is doing more and more "stuff," with the same few people doing more and more work. We want to continue to do all these things and we want to do more, but we need your help.

So, is it really "Where's Waldo?" Or is it "Where are the still young vigorous NAU Lumberjack people who want to help THEIR organization get all this work done?" Even more importantly, where are the people we need to help us think of things NAURA can and should be doing that we haven't thought of yet?

You Waldos are out there right now, reading this; retired, but still having lots of good ideas and good work to offer. We need your ideas and your energy. You aren't old, but you are retired. Live a little. Walk on the wild side with us. We promise we won't overload you. Many hands make light work. We have specific tasks that need doing that we can offer you right now. And we want to hear from you about ideas that you have that NAURA could be doing.

Finding this Waldo is very easy--just look in the mirror! Find Waldo in yourself, and then quickly, before you lose sight of Waldo, call Kathi Zahl (520) 232-4700 or Greg Larkin (928) 890-4202. Cat got your tongue? Still not sure? Then shoot Kathi and Greg an e-mail at naura@nau.edu. You'll help a good cause, have a lot of fun along the way, meet some great people, and best of all, keep yourself from being constantly underfoot of your spouse/ partner/significant other/cat or dog.

So, where's Waldo? And where are you?

NAURA Executive Committee 2022-2023

ELECTED	NAME	E-MAIL	
President	Kathi Zahl	kozm1946@hotmail.com	
President-Elect	Carole Mandino	carole.mandino@nau.edu	
Past President	Betsy Kerr	betsy.kerr@nau.edu	
Secretary	Gae Rue Johnson	gae.johnson@nau.edu	
Treasurer	Greg Larkin	greg.larkin@nau.edu	

APPOINTED

Activities Chair	Sara Aleman	sara.aleman@nau.edu
Archivist	Harlan Johnson	harlan.johnson@nau.edu
Athletics Department		
Liaison	Harlan Johnson	harlan.johnson@nau.edu
Benefits Rep	Betsy Kerr	betsy.kerr@nau.edu
Legislative Concerns	VACANT	_
ASRS Liaison	VACANT	_
Membership Chair	John Nauman	johnknauman@gmail.com
Member Records	Carlene Klein	carleneklein@yahoo.com
Newsletter Editor	Sherry Markel	sherry.markel@nau.edu
Scholarship Chair	Nydia Nittman	nydia.nittmann@nau.edu
Web Master	Leslie Mathews	leslie_mathews@hotmail.com

ADMINISTRATIVE SUPPORT

Administrative Assis-		
tant	Laurie Cates	laurie.cates@nau.edu

NAURA PRESIDENT LIST

1985 -	Chair Organizing Comm. Glennda Lake	2004-2005	Don Riggs Harlan Johnson
1985-1987	Clayton Chance	2005-2006 2006-2007	-
1987-1989	Joe Rolle	2000-2007	
1989-1990	-	2007-2008	-
	I		
1990-1991	Bob Wooldridge	2009-2010	, ,
1991-1992	Persis Fuller	2010-2011	Walter "Hoppy" Hopkins
1992-1993	Bill Lyon	2011-2012	Don McCallum
1993-1994	Ray Hagelberg	2012-2013	
1994-1995	Jim Fredrick	2013-2014	
1995-1996		2014-2015	
1996-1997	Dan Julien	2015-2016	-
1997-1998		2016-2017	Toni Fox
1998-1999	George Williams	2017-2018	Norman Bertram
1999-2000	Ken Bean	2018-2019	Kathe Shinham
2000-2001	Ernest Kurmes	2019-2020	John Nauman
2001-2002	Richard Neville	2020-2021	Rich Bowen
2002-2003	Don Gilbert	2021-2022	Betsy Kerr
2003-2004	Rosemary Gray		-
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