

January 11, 2024 | 8:00 AM – 12:00 PM | High Country Conference Center & Zoom

Zoom Webinar ID: 884 2678 7700 Password: nau



## NAU Teaching Day with Dr. Cia Verschelden

### *Bandwidth Recovery: Elevating Excellence in Our Teaching*

Convened by the NAU Teaching Academy  
with support from the Office of the Provost and the Teaching and Learning Center

#### AGENDA

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| <b>8:00 – 8:30</b>      | <b>Welcome and Introductions</b><br>Amy Rushall, Assistant Vice Provost, Teaching and Learning Center<br><br>Patricia Murphey, President’s Distinguished Teaching Fellow and<br>Chair, NAU Teaching Academy<br><br>Karen Pugliesi, Provost, Northern Arizona University<br><br>Chrissina Burke, Assistant Teaching Professor Anthropology, NAU Teaching<br>Academy Member |
| <b>8:30 – 10:00</b>     | <b>Workshop with Cia Verschelden</b>  |
| <b>10:00 – 10:15</b>    | <b>Break</b>  |
| <b>10:15 – 11:45</b>    | <b>Workshop Continues with Cia Verschelden</b>  |
| <b>11:45 – 12:00 pm</b> | <b>Closing Remarks and Adjourn</b><br>Amy Rushall, Assistant Vice Provost, Teaching and Learning Center   |

## ABOUT OUR SPEAKER

Cia Verschelden has recently finished a two-year assignment with the American Association of Colleges and Universities as the Special Projects Advisor for the Integration of Academic and Student Affairs. Before that, she was Vice President of Academic and Student Affairs at Malcolm X College - City Colleges of Chicago. She taught for over 25 years at two- and four-year institutions in social work, sociology, women's studies, nonviolence studies, and first-year seminar. Her administrative posts have included department chair, institutional assessment lead, and vice president of academic and student affairs. Cia has a B.S. in psychology from Kansas State University, an M.S.W. from the University of Connecticut, and an Ed.D. from Harvard University. Her book, *Bandwidth Recovery: Helping Students Reclaim Cognitive Resources Lost to Poverty, Racism, and Social Marginalization*, was published in 2017 and her new book, *Bandwidth Recovery for Schools: Helping Pre-K-12 Students Regain Cognitive Resources Lost to Poverty, Trauma, Racism and Social Marginalization*, in 2020.



Website: <https://bandwidthrecovery.org/>