

FLAGSTAFF

# STUDENT RESOURCE

## Guide

**NAU**  
NORTHERN  
ARIZONA  
UNIVERSITY

Student Affairs

Helping students  
find what  
they need



**NAUgo**  
*Your NAU  
resource app!*

Available for iOS  
and Android.



## Academic and career support

### Academic Success Centers

928-523-5524 | [nau.edu/asc](http://nau.edu/asc)

Offers free tutoring, supplemental instruction, learning strategies, peer academic coaching, and graduate test prep for GRE, GMAT, MCAT and LSAT at a reduced cost.

### Career Development

928-523-1087 | [nau.edu/career](http://nau.edu/career) | [nau.edu/internships](http://nau.edu/internships)

Provides career advising, workshops/guest lectures, and online career education resources. Serves as a centralized resource for student employment and internships. Oversees online and on-campus recruitment.

### Cline Library

928-523-2173 | [nau.edu/library](http://nau.edu/library)

Open 24/5 during the academic semester, students have access to a wide variety of services, including research assistance, 3D printing, course reserves, and document delivery services.

### Disability Resources

928-523-8773 | [nau.edu/dr](http://nau.edu/dr)

Provides services and accommodations at no cost to students with disabilities. DR assists with a broad spectrum of disabilities, including but not limited to individuals with physical, medical, sensory, learning, and mental health disabilities.

### Graduate College

928-523-4348 | [nau.edu/graduate-college](http://nau.edu/graduate-college)

Students can explore graduate degree programs or seek mentoring or professional development opportunities with the NAU Graduate College.

### Handshake

[nau.edu/handshake](http://nau.edu/handshake)

An online portal for on-campus and off-campus job postings, career fairs, and other career events. Now with virtual options to meet recruiting employers!



### Did you know?

All undergraduate students are assigned an advisor. First year students are served by the Gateway Student Success team. Sophomores and beyond work with advisors who specialize in their chosen program.

### Lumberjack Writing Center

928-523-7745 |

[nau.edu/interdisciplinary-writing-program](http://nau.edu/interdisciplinary-writing-program)

Provides one-on-one online writing assistance for students at all stages in the writing process across all programs and disciplines.

### Office of the Registrar

928-523-5490 | [nau.edu/registrar](http://nau.edu/registrar)

Assists students with academic records and course enrollment.

### University Advising

928-523-4772 | [nau.edu/advising](http://nau.edu/advising)

All NAU students have an assigned advisor prepared to support with class scheduling, resource referral and support, and general University assistance. Students are encouraged to meet with their advisor regularly. Setting up an appointment is easy at: [nau.edu/appointments](http://nau.edu/appointments)



## Financial support

### Childcare Assistance

928-523-2659 |

[nau.edu/early-learning-development-center/scholarships](http://nau.edu/early-learning-development-center/scholarships)

Student parents may be eligible to receive an award to help with the cost of childcare through NAU's Early Learning and Development Center.

### Louie's Cupboard

928-523-5181 | [nau.edu/foodpantry](http://nau.edu/foodpantry)

Providing nonperishable food and resources to students in need.

### Louie's Leftovers

Through the NAUgo app, students can sign up to receive notifications when there is free leftover food at campus events.

### Office of Scholarships and Financial Aid

928-523-4951 | [nau.edu/finaid](http://nau.edu/finaid)

Assists students in applying for and managing financial resources for college, including loans, scholarships, and grants. NAU School Code 001082

## Financial support (continued)

### Student Service Center

928-523-9501 | [nau.edu/ssc](http://nau.edu/ssc)

A first stop for triaging registration, financial aid, and student account issues.



## Health and wellness

### Campus Health Services: Counseling Services

928-523-2131 | [nau.edu/counseling](http://nau.edu/counseling)

Offers individual, couples, and group counseling, as well as outreach, consultation and emergency support.

### Campus Health Services: Health Promotion

928-523-2131 | [nau.edu/healthpromotion](http://nau.edu/healthpromotion)

Programs and resources to help students stay healthy and safe. Topics include relationships, sexual health, sexual violence, stress and substance use.

### Campus Health Services: Medical Services

928-523-2131 | [nau.edu/medical-services](http://nau.edu/medical-services)

Comprehensive medical care facility for preventative, routine, and immediate care. Offering immunizations, physical therapy, and nutrition support. In-person and telehealth options available.

### Campus Recreation

928-523-1733 | [nau.edu/rec](http://nau.edu/rec)

Campus Recreation supports physical, emotional, and social wellness through the Rec Center facility and programs including group fitness, competitive sports, aquatics programs, and Outdoor Adventures.

### Crisis Response Network

877-756-4090 or text "connect" to 741741  
[crisis.solari-inc.org](http://crisis.solari-inc.org)

Available 24/7/365 for anyone experiencing a mental health crisis.

### FIT Program

928-523-8277 | [nau.edu/fit](http://nau.edu/fit)

FIT 100 courses help students reduce stress, build social connections, and earn academic credit by adding physical activity to their weekly schedules.

### Jacks Care 24/7

928-523-2261 | [nau.edu/jacks-care](http://nau.edu/jacks-care)

Counseling Services has partnered with Welltrack and Togetherall to offer the NAU community access to even more personalized mental health and wellbeing support to serve your immediate and ongoing mental health needs.

### Lactation Rooms

[in.nau.edu/eao/lactation-rooms](http://in.nau.edu/eao/lactation-rooms)

Private lactation spaces are available for nursing parents on campus.

### Live Well NAU

[nau.edu/livewell](http://nau.edu/livewell)

Live Well NAU is the one-stop-shop for optimal well-being. Through the website, students can complete a wellness self-assessment, set a wellness goal, view a list of wellness resources, and find events that support their wellness.

### UCAN University Coaching for Activity and Nutrition

928-523-2566 | [nau.edu/ucan](http://nau.edu/ucan)

Highly trained student health coaches provide support for NAU students, faculty, and staff who want to make changes related to nutrition, physical activity, sleep, and stress management.



## Student support and advocacy

### Campus Inclusion Team

[nau.edu/campus-inclusion-team](http://nau.edu/campus-inclusion-team)  
[campusinclusionsteam@nau.edu](mailto:campusinclusionsteam@nau.edu)

The Campus Inclusion Team fosters a campus community that honors each individual's diversity, freedom of expression, and inclusiveness through individual support, campus trainings, and resource referrals.

### Dean of Students: Lumberjack CARE Team

928-523-5181 | [nau.edu/CARECenter](http://nau.edu/CARECenter)

The Lumberjack Case Management, Advocacy, Resources, & Essential Needs (CARE) Center assists students with support and advocacy, including crisis management, problem solving, and campus referrals. The office to go to if you don't know where to go.

### NAU SAFE App

[nau.edu/nausafe](http://nau.edu/nausafe)

The NAU SAFE app is NAU's emergency message dissemination system. Anyone can download the app on their mobile device. Be sure to mark your campus location(s) in the Notification Preferences section.

### Office for the Resolution of Sexual Misconduct (ORSM): Title IX Institutional Compliance, Prevention & Response

928-523-5434 | [nau.edu/title-ix](http://nau.edu/title-ix)

The ORSM receives and addresses complaints of sex/gender based-harassment, including sexual assault and other forms of sexual misconduct, using formal and informal processes; the Title IX Coordinator has independent authority to halt and correct discrimination, harassment, and behavior that constitutes sexual misconduct.

### Student Legal Counsel

928-523-4971 | [nau.edu/legal](http://nau.edu/legal)

The Student Legal Counsel is a service provided by ASNAU to assist NAU students with issues of a legal nature.

### University Police

911 for emergencies or 928-523-3611 for non-emergencies. Text to 911 also available.

The University Police are here to support Northern Arizona University's educational mission by fostering a safe learning, working, and living environment.





## Mentoring and support

### First-Generation Programs

928-523-6980 | [nau.edu/firstgen](http://nau.edu/firstgen)

Offers support for first-generation students through peer mentoring, student-focused guidance, and unique events and activities.

### Office of Inclusion

(928) 523-5656 | [nau.edu/inclusion](http://nau.edu/inclusion)

Transforms the student experience through thoughtful events, spaces, and resources that foster and embrace alliances and community connections. Open to all students.

### Office of Indigenous Student Success

928-523-8086 | [nau.edu/oiss](http://nau.edu/oiss)

Offers guidance and personal cultural support to students regarding academics, financial literacy, community connections, and adjusting to college.

### Mountain Jacks Mentoring

928-523-6641 | [nau.edu/peer-jacks](http://nau.edu/peer-jacks)

Part of the Peer Jacks Mentoring department, Mountain Jacks assists first-year students with the university transition through mentoring and social activities.

### Transfer Jacks Mentoring

928-523-9330 | [nau.edu/toc](http://nau.edu/toc)

Part of the Peer Jacks Mentoring department, Transfer Jacks offers peer mentoring, resources, and activities for transfer students.

### Veteran and Military Services

928-523-8387 | [nau.edu/vets](http://nau.edu/vets)

Offering services and resources for Veterans and military-connected students.



## Student tools

### Appointment Planner

[nau.edu/appointments](http://nau.edu/appointments)

An online tool for students to schedule appointments with academic advisors, support services, and mentors.

### Canvas

[nau.edu/canvas](http://nau.edu/canvas)

Canvas is NAU's Learning Management System for online classes and online resources for in-person classes. Make sure to log in early and often to stay up to date with your assignments and requirements.

### ITS Service Desk

928-523-3335 | [nau.edu/its/help](http://nau.edu/its/help)

Students can speak directly to a tech via phone or email for technical issues regarding LOUIE, Canvas, and more. Available during extended hours in the fall and spring semesters.

### Jacks Print

928-523-9294 | [nau.edu/jacksprint](http://nau.edu/jacksprint)

Web Print allows students to upload and print files to any ITS printer from anywhere on campus.





## Advising and degree plans

### Academic Advising Report

[nau.edu/registrar/academic-advisement-report](https://nau.edu/registrar/academic-advisement-report)

A report that assists students in tracking their progress to graduation. It can be used in conjunction with Jacks Planner and can also be found in LOUIE.

### Academic Catalog

[nau.edu/catalog](https://nau.edu/catalog)

The catalog contains detailed requirements for every program at NAU. Search for degree programs to explore the specific course requirements for any degree, certificate or minor.

### Jacks Path

[jackspath.nau.edu](https://jackspath.nau.edu)

An online tool where students can determine what credits will transfer to NAU from other institutions.

### Jacks Planner

[nau.edu/jacksplanner](https://nau.edu/jacksplanner)

An interactive academic planning tool students can utilize to plan course sequencing from term to term.



## Life on campus

### Campus Dining

(928) 523-2372 | [nau.edu/dining](https://nau.edu/dining)

Offering more than 25 dining choices across campus, a variety of different foods, and meal plans to fit your needs.

### Campus Living

(928) 523-3978 | [nau.edu/campus-living](https://nau.edu/campus-living)

Living on campus provides on-site staff support and resources to help with a variety of personal, academic and social concerns. Staff are also available to answer housing-related questions (room needs, license agreement, rent, etc.)





## Involvement opportunities

### ASNAU

928-523-4971 | [nau.edu/asnau](http://nau.edu/asnau)

The voice for students at the campus, local, state, and national levels. Plans campus events, supports advocacy efforts, and is the representative body for undergraduate students.

### Center for International Education

928-523-2409 | [nau.edu/cie](http://nau.edu/cie)

NAU's hub for all things international: from international student admissions and education abroad to incorporating a global perspective into our academic and social programs.

### Clubs & Student Organizations

928-523-5181 | [nau.edu/get-involved](http://nau.edu/get-involved)

Provides enriching experiences to support every student in their leadership and involvement journey. Maximize your life outside the classroom, build connections, and thrive at NAU by joining one or more of our 400 clubs.

### Fraternity and Sorority Life

928-523-5181 | [nau.edu/fsl](http://nau.edu/fsl)

Provides students an opportunity to develop leadership strengths and create an inclusive community that focuses on academic excellence, making a difference, and enhancing the social experience of NAU students.

### SUN Entertainment

[nau.edu/sun](http://nau.edu/sun)

SUN Entertainment is NAU's student-led events and activities department, offering campus activities, concerts, movies, speakers, and more.



**NAUgo** puts information at students' fingertips with quick access to dining info, maps, transit, events, and more! Available for iOS and Android. **Download now!**



[nau.edu/studentresources](https://nau.edu/studentresources)

